Welcome to the Valley Center High School Invitational Varsity Track and Field Meet.

We are pleased that you can attend. The track is located **NE** of **Valley Center** **Middle School at 800 N. Meridian**.

**Starting Heights:** Pole Vault (Boys) 9’6” (Girls) 6’6”

**Starting Throws:** Shot (Boys) 40’ (Girls) 30’

Discus (Boys) 110’ (Girls) 80’

Javelin (Boys) 120’ (Girls) 60’

**Teams Invited:** Andale, Bishop Carroll, Clearwater, Garden City, Hutchinson, Newton, W. South W. Southeast, and Valley Center

**Admission**: Adults- $7; Students- $5 - Tickets will be sold at the door (cash/card) and online (GoFan)

**Scoring:** Individual - 10-8-6-5-4-3-2-1 Relay - 10-8-6-5-4-3-2-1

**ORDER OF EVENTS**

**2:00 Javelin, Long Jump, High Jump & Pole Vault Begin**

\* **PRELIMS & FINALS \* (**3 attempts in Prelims, Top 8 to Finals, 3 attempts in Finals)

Boys’ javelin followed by girls’ javelin

Girls’ pole vault followed by boys’ pole vault

Boys’ high jump followed by girls’ high jump

Girls’ long jump followed by boys’ long jump

**3:30 All Other Field Events Begin**

\* **PRELIMS & FINALS \* (**3 attempts in Prelims, Top 8 to Finals, 3 attempts in Finals)

Boys’ shot put followed by girls’ shot put

Girls’ discus followed by boys’ discus

Boys’ triple jump followed by girls’ triple jump

**4:15 Running Events**

**No Preliminaries – Finals Only**

Girls’ 4X800m Relay

Boys’ 4X800m Relay

Girls’ 100 M High Hurdles

Boys’ 110 M. High Hurdles

Girls’ 100 M Dash

Boys’ 100 M Dash

Girls’ 1600 M Run

Boys’ 1600 M Run

Girls’ 4 X 100 M Relay

Boys’ 4 X 100 M Relay

Girls’ 400 M Dash

Boys’ 400 M Dash

Girls’ 300 M Low Hurdles

Boys’ 300 M Intermediate Hurdles

Girls’ 800 M Run

Boys’ 800 M Run

Girls’ 200 M Dash

Boys’ 200 M Dash

Girls’ 3200 M Run

Boys’ 3200 M Run

Girls’ 4 X 400 M Relay

Boys’ 4 X 400 M Relay