

March

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13 SPRING BREAK	14	15	16	17	18
19 PRE-SPRING WEEK 1	20	21 TEAM WORKOUT #1 7 AM – 8 AM	22 TEAM WORKOUT #2 7 AM – 8 AM	23 TEAM WORKOUT #3 7 AM – 8 AM	24	25 COACHES TO TALLAHASSEE
26 PRE-SPRING WEEK 2	27 TEAM WORKOUT #4 7 AM – 8 AM	28 TEAM WORKOUT #5 7 AM – 8 AM (*BRING CLEATS*)	29 TEAM WORKOUT #6 7 AM – 8 AM	30 TEAM WORKOUT #7 7 AM – 8 AM (*BRING CLEATS*)	31	

April

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						¹ <i>COACHES TO TAMPA</i>
² PRE-SPRING WEEK 3	³ TEAM WORKOUT #8 7 AM – 8 AM	⁴ TEAM WORKOUT #9 7 AM – 8 AM (*BRING CLEATS*)	⁵ TEAM WORKOUT #10 7 AM – 8 AM	⁶ TEAM WORKOUT #11 7 AM – 8 AM (*BRING CLEATS*)	⁷	⁸
⁹ PRE-SPRING WEEK 4 INSTALL #1	¹⁰ TEAM WORKOUT #12 7 AM – 8 AM	¹¹ TEAM WORKOUT #13 7 AM – 8 AM (*BRING CLEATS*)	¹² TEAM WORKOUT #14 7 AM – 8 AM	¹³ TEAM WORKOUT #15 7 AM – 8 AM (*BRING CLEATS*)	¹⁴	¹⁵
¹⁶ PRE-SPRING WEEK 5 INSTALL #2	¹⁷ TEAM WORKOUT #19 7 AM – 8 AM	¹⁸ TEAM WORKOUT #20 7 AM – 8 AM (*BRING CLEATS*)	¹⁹ TEAM WORKOUT #21 7 AM – 8 AM	²⁰ TEAM WORKOUT #22 7 AM – 8 AM (*BRING CLEATS*)	²¹	²²
²³ PRE-SPRING WEEK 6 AFTER SCHOOL FITTING	²⁴ TEAM WORKOUT #23 7 AM – 8 AM TESTING	²⁵ TEAM WORKOUT #24 7 AM – 8 AM TESTING	²⁶ TEAM WORKOUT #25 7 AM – 8 AM (*BRING CLEATS*)	²⁷ TEAM WORKOUT #26 7 AM – 8 AM (*BRING CLEATS*)	²⁸	²⁹
³⁰	^{1ST} DAY OF SPRING FOOTBALL!!!					

May

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	¹ 1ST DAY OF SPRING FOOTBALL!!! HELMETS	² SPRING PRACTICE #2 HELMETS	³ SPRING PRACTICE #3 SHELLS (**NO CONTACT**)	⁴ SPRING PRACTICE #4 SHELLS (**NO CONTACT**)	⁵ SPRING PRACTICE #5 SHELLS (**NO CONTACT**)	⁶
⁷	⁸ SPRING PRACTICE #6 FULL PADS (**FULL CONTACT**)	⁹ SPRING PRACTICE #7 HELMETS / LIFT	¹⁰ SPRING PRACTICE #8 SHELLS (**FULL CONTACT**)	¹¹ SPRING PRACTICE #9 HELMETS / LIFT	¹² SPRING PRACTICE #10 FULL PADS (**SCRIMMAGE**)	¹³
¹⁴ SPRING GAME WEEK	¹⁵ SPRING PRACTICE #11 HELMETS / LIFT	¹⁶ SPRING PRACTICE #12 FULL PADS (**FULL CONTACT**)	¹⁷ SPRING PRACTICE #13 SHELLS (**FULL CONTACT**)	¹⁸ SPRING PRACTICE #14 HELMETS ONLY (**MOCK GAME**)	¹⁹ GHS vs. NEWBERRY 7 PM CITIZENS FIELD	²⁰
²¹	²² SPRING PRACTICE #16 HELMETS / LIFT	²³ SPRING PRACTICE #17 SHELLS (**FULL CONTACT**)	²⁴ SPRING PRACTICE #18 HELMETS / LIFT	²⁵ PURPLE vs WHITE ALUMNI GAME	²⁶ PLAYERS OFF	²⁷
²⁸	²⁹ PLAYERS OFF	³⁰ PLAYERS OFF	³¹ LAST DAY OF SCHOOL!!!	PLAYERS OFF	PLAYERS OFF	

June

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<i>LAST DAY OF SCHOOL!!!</i>	¹ PLAYERS OFF	² PLAYERS OFF	³
⁴	⁵ PLAYERS OFF	⁶ PLAYERS OFF	⁷ PLAYERS OFF	⁸ PLAYERS OFF	⁹ PRE-CAMP MEETING TIME TBA	¹⁰ <i>USF 7 on 7</i> OL/DL CAMP TIME TBA
¹¹ SUMMER WEEK #1	¹² TEAM WORKOUT #1 8 AM – 9 AM	¹³ TEAM WORKOUT #2 8 AM – 9 AM	¹⁴ <i>UF 7 on 7</i> OL/DL CAMP TIME TBA	¹⁵ TEAM WORKOUT #4 8 AM – 9 AM	¹⁶	¹⁷
¹⁸ SUMMER WEEK #2 INSTALL #1	¹⁹ TEAM WORKOUT #5 8 AM – 10 AM	²⁰ TEAM WORKOUT #6 8 AM – 10 AM	²¹ <i>FSU 7 on 7</i> OL/DL CAMP TIME TBA	²² TEAM WORKOUT #7 8 AM – 10 AM	²³	²⁴
²⁵ SUMMER WEEK #3 INSTALL #2	²⁶ TEAM WORKOUT #8 8 AM – 10 AM	²⁷ TEAM WORKOUT #9 8 AM – 10 AM	²⁸ TEAM WORKOUT #10 8 AM – 10 AM	²⁹ TEAM WORKOUT #11 8 AM – 10 AM	³⁰	

July

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 <i>4th of JULY WEEK</i> <i>PLAYERS OFF</i>	3	4	5	6	7	8
9 SUMMER WEEK #4 INSTALL #1	10 TEAM WORKOUT #12 8 AM – 10 AM	11 TEAM WORKOUT #13 8 AM – 10 AM	12 TEAM WORKOUT #14 8 AM – 10 AM	13 TEAM WORKOUT #15 8 AM – 10 AM	14	15
16 SUMMER WEEK #5 INSTALL #2	17 TEAM WORKOUT #16 8 AM – 10 AM	18 TEAM WORKOUT #17 8 AM – 10 AM	19 TEAM WORKOUT #18 8 AM – 10 AM	20 TEAM WORKOUT #19 8 AM – 10 AM	21	22 GAINESVILLE KIDS CAMP? TIME TBA
23	24 PLAYERS OFF	25 PLAYERS OFF	26 PLAYERS OFF	27 PLAYERS OFF	28 PLAYERS OFF	29
30	31 1 ST DAY OF FALL CAMP!!! HELMETS ONLY					