

# August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	<b>12</b> <b>FALL CAMP</b> <b>7:30am TEAM MTG</b> 8:30-11:00 PRACTICE <u>12:30 Helmets Issued</u> 2:20 <b>Def.</b> Meeting 3:00-5:30 PRACTICE	<b>13</b>  2:20 <b>Off.</b> Meeting 3:00-5:30 PRACTICE	<b>14</b> 7:45 <b>Off.</b> Meeting 8:30-11:00 PRACTICE <u>12:30 Gear Issued</u> 2:20 <b>Def.</b> Meeting 3:00-5:30 PRACTICE	<b>15</b>  2:20 <b>S.T.</b> Meeting 3:00-5:30 PRACTICE	<b>14</b> 7:45 <b>Off.</b> Meeting 8:30-11:00 PRACTICE  2:20 <b>Def.</b> Meeting 3:00-5:30 PRACTICE	<b>17</b>  8:30-11:00 PRACTICE
18	<b>19</b>  2:00 <b>Off.</b> Meeting 2:25 <b>Def.</b> Meeting 3:00-5:30 PRACTICE 5:45-6:15 <u>LIFT</u>	<b>20</b>  2:00 <b>Off.</b> Meeting 2:25 <b>Def.</b> Meeting 3:00-5:30 PRACTICE 5:45-6:15 <u>LIFT</u>	<b>21</b>  2:00 <b>Off.</b> Meeting 2:25 <b>Def.</b> Meeting 3:00-5:30 PRACTICE	<b>22</b>  4pm Team Meeting <b>6PM SCRIMMAGE</b> <b>VS. RANCHO</b> <b>ALAMITOS</b>	<b>23</b> 2:00 <b>Off.</b> Meeting 2:25 <b>Def.</b> Meeting 2:50 <b>S.T.</b> Meeting 3:30-5:30 PRACTICE	<b>24</b>  8:30-11:00 PRACTICE 11:15 <u>LIFT</u>
25	<b>26</b>  2:00 <b>Off.</b> Meeting 2:25 <b>Def.</b> Meeting 3:00-5:30 PRACTICE 5:45-6:15 <u>LIFT</u>	<b>27</b>  2:00 <b>Off.</b> Meeting 2:25 <b>Def.</b> Meeting 3:00-5:30 PRACTICE 5:45-6:15 <u>LIFT</u>	<b>28</b>  2:00 <b>Off.</b> Meeting 2:25 <b>Def.</b> Meeting 3:00-5:30 PRACTICE	<b>29</b>  2:00 <b>Off.</b> Meeting 2:25 <b>Def.</b> Meeting 3:00-4:30 PRACTICE	<b>30</b>  <b>7pm WHS@</b> <b>KATELLA</b>	<b>31</b>

