



2023-2024 PARENT MEETING
THURSDAY, AUGUST 24TH - 6:00-6:45PM

MATER DEI LACROSSE



LACROSSE

TONIGHTS AGENDA

- Creating a Championship Culture
- Coaching Staff
- Player Rules & Expectations
- Parent Expectations
- Schedules
- College Recruitment
- Club Lacrosse
- Uniforms & Apparel
- Man-Up
- Parent Volunteers
- Participation Fees
- Questions





LACROSSE

*"Coming together is a beginning, staying together
is progress, and working together is success."*

-Henry Ford

CREATING A CULTURE...



LACROSSE

CHAMPIONSHIP CULTURE

"THE CHARACTER YOU CHOOSE DETERMINES YOUR DESTINY"



KICKOFF PARTY - THIS SUNDAY

KICKOFF PARTY

Hosted by: Mike & Nicki Cudzil

10 Swimmers Pt, Newport Coast, CA

Sunday, August 27th

1:00-4:00pm

Please CARPOOL if possible

LACROSSE



COACHING STAFF VARSITY



KNUTE KRAUS

Head Coach (5th Year at MD)

c: 949.306.9332

e: kkraus@materdei.org



LUKE PHIPPS

Assistant Coach (7th Year at MD)

c: 410.688.7072



JOHNNY RODRIGUEZ

Assistant Coach (9th Year at MD)

c: 443.994.3638



COACHING STAFF JUNIOR VARSITY



MASSIMO GERMINARO

Head Coach (2nd Year)

c: 412.996.5621



KELLY PETRO

Assistant Coach (1st Year)

c: 949.243.2187



PROGRAM CODE OF CONDUCT

1. DON'T BE LATE

2. Respect Yourself, Your Family, Teammates, Teachers, and Coaches

3. Maintain a C average or better in all classes. (STUDENT-Athlete)

4. Always Remember - You are representing much more than yourself.

5. Check your school email daily.

GRADE CHECKS

Players will email me their grades 1x per month. Players with D's or F's will use practice time to focus on their studies and will be held out of games until grades improve to C or better.

Practice Attendance

TEXT ALL COACHES IF YOU PLAN ON MISSING ATLEST 3 HOURS PRIOR TO PRACTICE

Dress Codes

- Weight Room - Grey Short, Mater Dei T-Shirt, shoes with laces.
- Practice - Reversible, Mater Dei Shorts, and School Color undershirt.



CLASSROOM ETIQUETTE

- 1. REPRESENTATION** - You are representing everything you are affiliated with on and off campus. Take pride in that.
- 2. TEACHER INTROS** - Introduce yourself before or after class to each of your teachers. Let them know you're excited about this year, you are on the lacrosse team, and anything else you feel necessary to share.
- 3. FRONT ROW** - If you have the option, snag a seat in the front of class.
- 4. ENGAGE** - Stay engaged in every class. Ask questions, answer questions, and have a voice in every class.
- 5. HOMEWORK** - Freebie. You will have plenty of time to get homework done. Make sure it is completed. This is the first thing I look at when I receive your progress reports/grade checks.
- 6. HYGENE / UPKEEP** - **DON'T BE THE SMELLY KID!** Show up clean shaven and in dress code each day. All players must shower after morning practices and lifts.
- 7. ABSENCES** - If you are or expecting an absence from school, please **EMAIL** all of your teachers to notify them that you will be absent. Ask them to reply with any classwork or homework assignments that will be assigned the day of your absence.
- 8. BAND OF BROTHERS** - Make it a point to say hello to your teammates between classes.
- 9. GRADE CHECKS** - Screenshot of grades emailed to Coach Kraus once a month. If a student-athlete reports any D's or F's the student will attend but sit out of all team events to focus on improving grades.
- 10. HAVE FUN** - These are some of the best years of your life. Have fun, hold yourself accountable, and be a positive influence. You're trying to become the best gentlemen, scholar, and athlete you can be.



PARENT EXPECTATIONS

COMMUNICATION

Please have your sons communicate with the coaches directly about conflicts, injuries, areas of improvement, play time questions, etc. Any other questions should be directed towards the related topic's assigned point of contact volunteer.

VOLUNTEER POSITIONS

All parents are encouraged to help out in some way whether that be in a large or small capacity. Every little bit helps and allows for a closer family atmosphere within the program

PARENT GAME DAY PROTOCOL

- **NO NEGATIVITY** - Please refrain negative grumbling about players, parents, officials and coaches. "Stop grumbling amongst yourselves" - Jesus (John 6:43 NIV)
- **Parent Sideline** - Unless volunteering at the score table, all parents must remain on parent sideline
- **Complaints** - We ask players/parents not approach us following games and to please make an appointment to speak with us the following day.

SEASON SCHEDULES



LACROSSE

FALL

September-19th -December 16th

9/19-12/16

GRAY Days: After School-4:00pm

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Some Saturdays: Time TBA (AM)

12/16

Jamboree @ Mater Dei

Alumni Game - 7pm

-OFF ENTIRE WEEK OF
THANKSGIVING

WINTER

January 8th - February 5th

M-F (Times TBD)

Preseason Tournaments:

Air Station Shootout

January 29th & 30th

Irvine, CA

Surf City Winter Classic

February 4th & 5th

Huntington Beach, CA

IN SEASON

February 17th - First Contest

April 24th - Last League Contest

April 24th - Last JV Contest

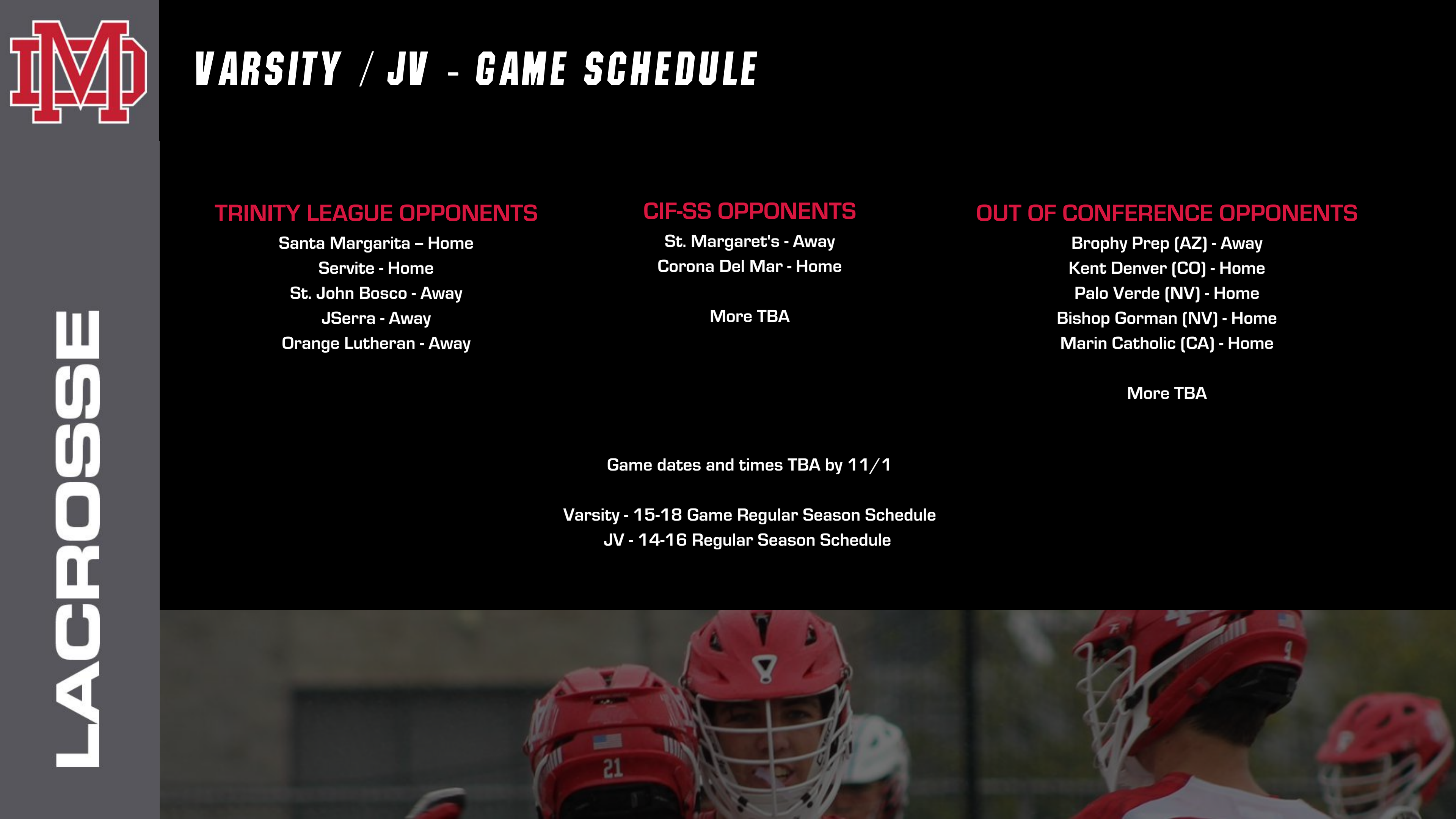
May 13th - CIF Championship

Practice & Games Mon-Sat

SPRING BREAK

March 29th-April 5th

Vita Verde Winer Promotions 2020



Varsity / JV - Game Schedule

Trinity League Opponents

Santa Margarita – Home
Servite - Home
St. John Bosco - Away
JSerra - Away
Orange Lutheran - Away

CIF-SS Opponents

St. Margaret's - Away
Corona Del Mar - Home

More TBA

Out of Conference Opponents

Brophy Prep (AZ) - Away
Kent Denver (CO) - Home
Palo Verde (NV) - Home
Bishop Gorman (NV) - Home
Marin Catholic (CA) - Home

More TBA

Game dates and times TBA by 11/1

Varsity - 15-18 Game Regular Season Schedule
JV - 14-16 Regular Season Schedule

LACROSSE

HOLIDAY SCHEDULES

NO LACROSSE DATES



FALL	WINTER	SPRING BREAK	END OF SEASON	SUMMER DEAD PERIOD
November 20th-26th Thanksgiving	December 21st - January 7th Christmas	March 29th- April 5th Holy Thursday-Easter	April 24th - JV May 13th - CIF Final - V	TBA (2 weeks) July 17-July 28th



AS COACHES, WE GREATLY APPRECIATE AND ARE FOREVER GRATEFUL FOR THE OPPORTUNITY TO PLAY COLLEGE LACROSSE. WE ENCOURAGE ALL OF OUR PLAYERS TO CHASE THEIR DREAMS AND IF THEIR DREAMS INCLUDE PLAYING IN COLLEGE WE DO EVERYTHING WE CAN TO GUIDE THEM THROUGH THEIR HIGH SCHOOL JOURNEY.



CLUB LACROSSE

PRIDE LC



CALIFORNIA GOLD LC

ELITE LEVEL - RECRUITING BASED



UNIFORMS/EQUIPMENT

LOOK GOOD PLAY GOOD

GLOVES:

\$225 (Nike)

-All players must have MD issued Nike or STX Gloves.

HELMETS:

Helmets are purchased by the program and issued to the players prior to the start of Preseason.

Varsity/N Gloves



Varsity Home

N Home



Varsity Away

N Away



Varsity



N





LACROSSE

MAN-UP FUND

MISSION:

INSPIRING CHAMPIONS TODAY, WHILE BUILDING TRUE, GENTLEMEN, ATHLETES, AND SCHOLARS FOR THE FUTURE. WITH TIME, LACROSSE AND ATHLETICS WILL EVENTUALLY FADE, BUT THE CHARACTER AND INTEGRITY INSTILLED ON THE FIELD WILL ALLOW OUR STUDENT-ATHLETES TO BE MAN-UP FOR A LIFETIME.

MAN-UP FUNDS

- Facility Upgrades
 - Clubhouse/Locker Room
 - New Scoreboard
- Team Equipment
- Travel Expenses
- Supplement Financial Aid

100% TAX DEDUCTIBLE DONATIONS

JOURNEY TO THE TOP

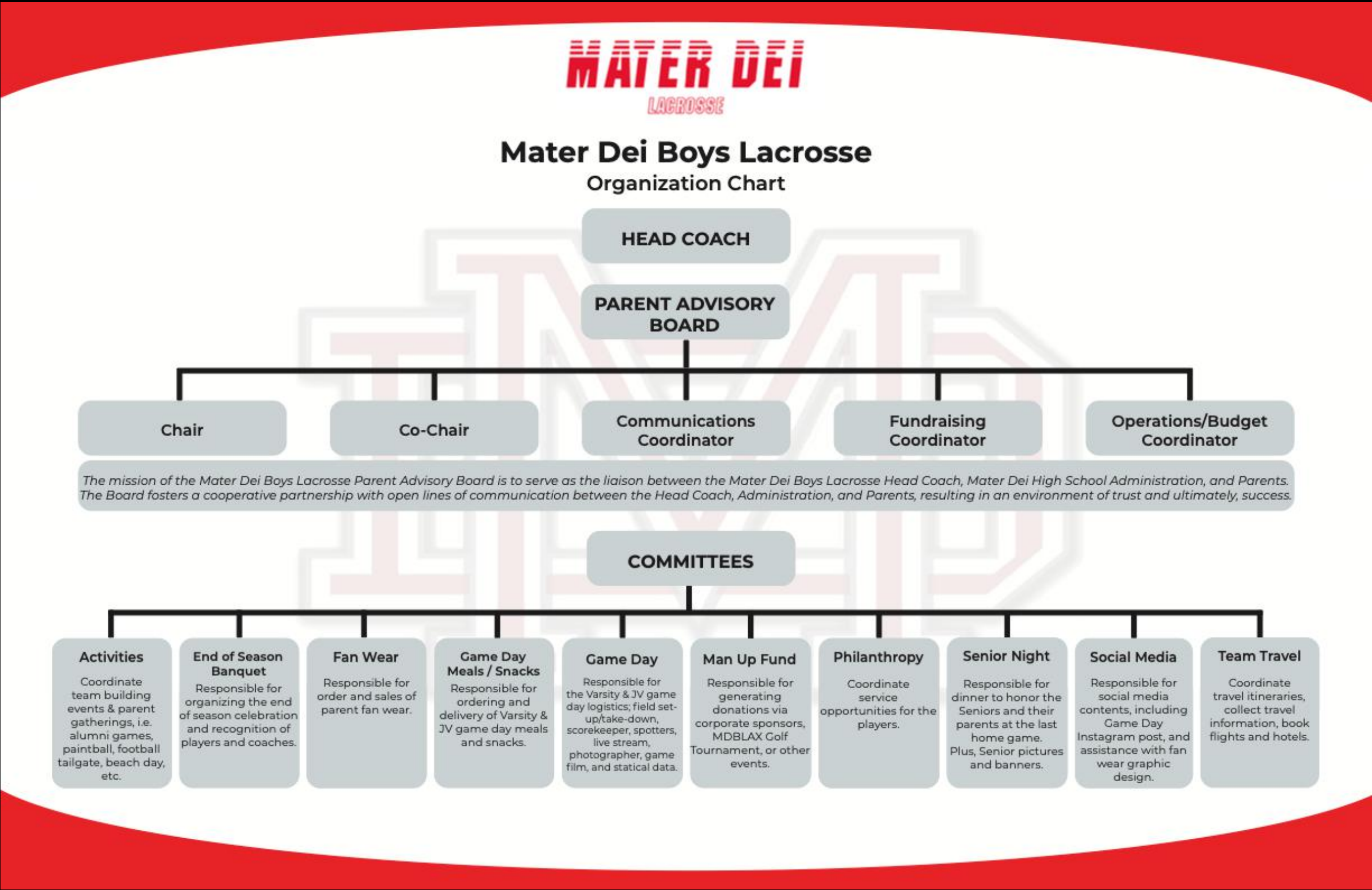
"THERE IS NO DOUBT IN MY MIND THAT THIS PROGRAM CAN BE NATIONALLY RANKED WITHIN THE NEXT 2-3 YEARS. WITH THE UNDENIABLE REPUTATION MATER DEI HS HAS EARNED, WE WILL CONTINUE TO BUILD ON THE MOMENTUM WE HAVE CREATED BY RELOADING WITH GENTLEMEN, SCHOLARS & ATHLETES, AS WELL AS ATTRACTING TRANSFERS THAT WANT TO BE PART OF THE ALL OF THE HYPE. WITH EXTRA FINANCIAL BANDWIDTH, THIS PROGRAM HAS NOTHING HOLDING US BACK FROM LOOKING, PLAYING, AND ACTING THE PART OF THE TOP HS LACROSSE PROGRAM IN THE SATE OF CALIFORNIA AND BEYOND"

-COACH RODRIGUEZ

2018

PARENT VOLUNTEERS

Sign ups and more info will be provided at the Kickoff Party this Sunday





PARTICIPATION FEES

2022-2023 School Year

\$2570 - V
\$2350 - JV

**PAYMENT PLAN INSTALLMENTS
(ONLINE LINK TO BE EMAILED)**

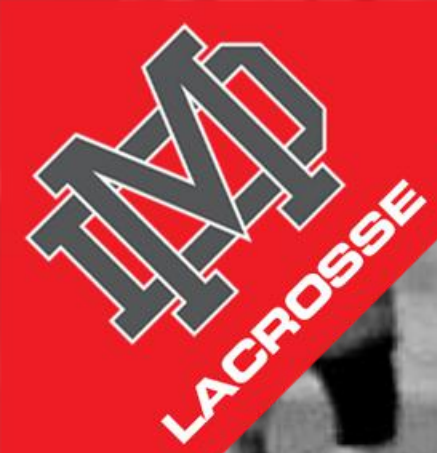
August 31st	\$250
September 30th	\$400
October 31st	\$400
November 30th	\$400
January 31st	\$400
February 28th	\$400

Expenses Include:

- Facility Usage (MDHS)
- Strength & Conditioning
- Heads, Shafts, Mesh, String
- Team Apparel
- Coach Stipends (Fall-Spring)
- Transportation
- Referees
- Guest Speaker/Team Activities
- Videography
- Golf Tournament Raffle Tickets
- Team Meals (10 Game Days)
- Team Snacks
- Fundraiser
- Senior Night
- Banquet
- Live Steam Services

Players Receive:

- Practice Shorts (3)
- Shooting Shirts (3)
- Long Sleeve Shooting Shirt (1)
- Jogger Sweatpants
- Equipment Bag
- Team Polo
- Hat
- Hoodies or Jacket
- Unlimited Mesh & String
- Videography
- Filming Games (JV & V)
- Public Speaker
- Team Building Activity
- Team Meals
- Top Tier Coaching & Mentoring



QUESTIONS?



THANK YOU FOR ATTENDING!

BOX LEAGUE



PRIDE LC

Back to back to back Champs

Undefeated since 2019

September 7th - 1st Practice

September 10th - 1st Game

October 12th - No Practice

Practices (Wednesdays):

Dates: 9/7, 9/14, 9/21, 9/28, 10/5, 10/19, 10/26

Time: 7:00-8:30pm

Location: Mater Dei HS

Game Days:

Saturday's



“Being a part of the finesse and physicality of box lacrosse has been a great experience for me. I feel that I have learned and improved as an overall lacrosse player. Learning to adapt in tight space while reading defenders and offensive players has been the biggest improvement in my game.”

– Paul Rabil, NLL & MLL All-Star, NCAA All-American