

TANNER HIGH SCHOOL

2023 – 2024 TEAM GUIDELINES

1. **CONDUCT:** You now represent more than just yourself. You represent your team, school, family with every action you decide to make, positive or negative. Act appropriately in all social settings and make mature decisions.
2. **ACADEMIC EXPECTATIONS:** ACADEMICS WILL ALWAYS COME FIRST. Class attendance is a must. You will be given a list of departure times and dates that you “MAY” potentially miss class because of baseball. You will be responsible for communicating with professors and also responsible for your make-up work.
3. **DEFICIENT GRADES:** We will follow all AHSAA Eligibility grade standards.
4. **LATE POLICY:** Communication is VITAL to the success of any sport. In the events you are going to be late you need to notify a coach an hour before the event, or do your best at making that communication available. (1st = warning and/or times activity. 2nd = time activity and/or removal from practice. 3rd = no travel and suspension)
5. **SICK POLICY:** Doctor Excuses, Excused Absences will only be accepted as a valid excuse. We will follow the same policies and procedures Tanner High school has in place.
6. **INJURIES:** Injuries are part of the game, they happen, but please be proactive in dealing with them. Being sore is not an excuse to limit yourself or excuse yourself from practice. Our trainer can assist you in those cases, providing ice, heat, stretching, and even therapy during practice.
7. **DUGOUT, FIELD, LOCKER ROOM*:** Before the start of practice as a team we have responsibilities. In our dugout you will have a DUTIES CHART, those will be your duties for the year.
8. **EQUIPMENT & UNIFORMS:** You are responsible for all issued uniforms and equipment. Please make sure to take good care of these items. Do not leave bats in your car during cold weather. Clean your cleats, bat bags, catchers gear, etc. Wash your practice apparel regularly or turn it in to coaching staff to be washed. You will be held financially responsible for lost, stolen or misused gear.
9. **CELL PHONE USAGE:** No cell phone usage is allowed in the dugout at all during practice, game competition, or any even that the coached are instructing the team. Cell phones are allowed after practice and games. They are allowed on the bus and in hotels. (1st = warning, 2nd loss of phone privileges, 3rd game suspensions)
10. **SOCIAL MEDIA:** All social media will follow Limestone County Code of Honor and School Policy.
11. **PARENTAL TIME:** Time will be given to you to socialize with your parents at all away and home venues/competitions. Between games, practice, volunteer events, you are not PERMITTED to visit with family and/or friends. **NO PARENTS/FRIENDS/ANYONE WHO IS NOT A MEMBER OF TANNER BASEBALL** is allowed in our dugout, field, bullpen area, batting cages, unless approved or accepted prior by a member of the coaching staff.
12. **DRESS CODE:** Issued travel gear, Khaki and or team polo are the only acceptable items of clothing allowed on the bus. We will always have our shirts tucked in, hats worn facing forward, practice gear should not be wrinkled or torn apart, only issued uniforms will be allowed at contest and practice. No excuses
13. **DIVERSITY:** We do not discriminate against anyone based on race, religion, nationality, sexual orientation, disabilities, or social status, especially our teammates. Please respect each other's differences and maintain a sense of privacy discussing certain matters.
14. **LANGUAGE:** The use of excessive profanity is not allowed. Derogatory terms, racist, hurtful language will not be allowed.
15. **FORSAKEN ACTIVITIES: STRICT NO POLICY INCLUDING REMOVAL FROM TEAM.**
 - a. **GAMBLING: NO.**
 - b. **DRUGS: NO.**
 - c. **ALCOHOLIC BEVERAGES: NO**
 - d. **PED'S: NO**
 - e. **INAPPROPRIATE RELATIONSHIPS: NO**
 - f. **ARREST: NO**

