Weather			91			TEMESCAL TITANS			
Varsity OFFENSIVE EMPHASIS			EMPHASIS	Ī	DEFENSIVE EMPHASIS				SPECIAL TEAMS EMPHASIS
Twins formation									Punt
Find blocking scheme RPOS									_
Frosh Soph Offensive emphasis					Frosh Soph defensive emphasis				Frosh /Soph emphasis
0									
PER		min	activity		Frosh/Soph	TIME	min	activity	Varsity
				ı		=			
0	2:30 PM	20	dress	ı		2:40 PM	25	Offensive game plan	
				ı					
0	2:50 PM	10	stretch	ı		3:05 PM	15	Special team s	
					Varsity coaches to help scout Defense				
1	3:00 PM	30	Offense	ı		3:20 PM	19	dress	
2	3:31 PM	5	water			3:40 PM	10	early outs	
								,	
3	3:37 PM	30	Defense			3:51 PM	11	team Stretch	
	0.07		20.000						
4	4:08 PM	10	kickoff			4:03 PM	11	PAT/FG	
5	4:19 PM	10	condition			4:15 PM	10	Punt	QB- Footwork drills, Time up with RB
								Platoon	OL: skills
6	4:30 PM		end			4:26 PM	12	Platoon individual	LBs Scraping
7	4:31 PM					4:39 PM	5	water	
8	4:32 PM					4:45 PM	10	defense	
				ı					
				ı					
9	4:33 PM			ı		4:56 PM	10	defense	
				ı				TEAM O running	
10	4:34 PM			ı		5:07 PM	10	game	
								TEAM O passing	
11						5:18 PM	10	Game	
								Go to weight	
12						5:29 PM	15	room	
									Bench 4-3-2-1, Walking lunges outside
13						5:45 PM	45	Weights	