Cherokee Trail Football 2024



"Coaching is a profession of love. You can't coach kids unless you love them."

- Eddie Robinson



Excitement!

Storied Tradition & History

Best Place in the State

EXPECTATIONS FROM THE HEAD COACH

That I will adhere to my priorities in life:

- o Faith
- o Family
- o Career (school, football, professional relationships)
- To be a positive role model for those in the community and the program
- To be accountable for all actions
- To run an organized program that functions efficiently
- To maintain an atmosphere of positive expectations and results
- To delegate responsibilities and authority to assistant coaches as appropriate

To provide leadership for the staff

- To treat players, coaches, parents, teachers and administration with respect
- To help the staff grow professionally
- To let coaches coach
- To have fun and create a positive atmosphere!

Most Invested Staff in the State!

CT Football Coaches 2024

Terell Thompson: Offensive Coordinator & Wide Receivers

Kevin Rossi: Running Backs

Derek Schreiner: Quarterbacks **Enrique Estrada**: Offensive Line

Ruben Estrada: Assistant Offensive Line & JV Offensive Coordinator

Dain Mangnall: Defensive Coordinator

Jimmy Lewis: Special Teams Coordinator, Defensive Line, JV Defensive Coordinator

Max Gonzales: Assistant Special Teams Coordinator & Linebackers

Ryan Harris: Cornerbacks

Darryl Hall: JV Head Coach & Safeties **Dakota Rodriguez**: Assistant Linebackers

Seth Bogulski: Head Freshmen Coach & Defensive Coordinator

Ashton Torres: Freshmen Offensive Line & Defensive Line

Manchell Jackson: Freshmen Quarterbacks & Offensive Coordinator

Cameron Alfredson: Freshmen Wide Receivers & Defensive Backs

Jeff Buck: Freshmen Special Teams Coordinator

WHAT PLAYERS CAN EXPECT FROM THE COACHES

- 1. To always be loyal in all areas and responsibilities
- 2. To always be totally honest
- 3. To provide the leadership and training necessary to achieve player goals
- 4. To push players harder than they have ever been pushed before
- 5. To assist the players in any way possible now and after graduation (academics, camps, school visits, social media, recruiting, etc.)

- 6. To treat all players as men with love and respect
- 7. To make all decisions based on what is best for the team before what is best for the individual
- 8. To help all the players mature and grow as young men
- 9. To help all players reach their goals
- 10. To be a strong, positive role model in players lives

2024

Cherokee Trail High School Goal Setting

"WHAT THE MIND OF MAN CAN CONCEIVE AND BELIEVE, THE MIND OF MAN CAN ACHIEVE!"



STEPS IN GOAL SETTING - 2024

- 1. **Dream Realistically**. A dream is a goal in its formative stage.
- 2. *Write It*. You are now in an elite group. The top 10%.
- 3. *Plan It*. How you will accomplish your purpose is important. Don't Quit!
- 4. **Do It**. Most people stop before they do it!



CT FOOTBALL EARN YOUR PAW



As part of the Cherokee Trail Football Family, it is with honor and pride we wear our brand on game days. Our brand is special, unique and will always be earned. Contributing to the overall success of the Cherokee Trail community, as well as growing as a person, we all have the opportunity and ability to wear our brand with the utmost honor.

Each Cherokee Trail Football Player will have the opportunity to "Earn Your Paw" for game days of the upcoming 2024 season. It is the goal of each player to earn 1,000 points over the course of the 8 month off-season by completing a variety of individual, team, and community undertakings.

150 Hours of Community Service = 300 points

	1,000 POINT
	Participation in Stewardship Project = 200 points
Participate in a Winter Sport = 100 points	
90% Attendance in Winter workouts = 100 points	1,000 Pound Club = 350 points
Participate in a Spring Sport = 100 points	900 Pound Club = 250 points
90% Attendance in Spring workouts = 100 points	800 Pound Club = 150 points
30 % Attendance in Spring workduts – 100 points	Attend Regular Season Winter Sport = 10 points per
2nd Semester GPA 4.0+ = 300 points	Attend Post Season Winter Sport = 15 points per
2nd Semester GPA 3.5 - 3.9 = 250 points	Attend Regular Season Spring Sport = 10 points per
2nd Semester GPA 3.0 - 3.4 = 200 points	
	Attend Post Season Spring Sport = 15 points per
80% Attendance for Summer workouts = 75 points	Attend Choir/Band/Orchestra/Theater Performance = 30 points per
90% Attendance for Summer workouts = 125 points	Wish Week Participation = 10 points per day
100% Attendance for Summer workouts = 200 points	CRC Volunteer = 10 points per
	50 Hours of Community Service = 100 points
	100 Hours of Community Service = 200 points

Participate in CT Club (Leadership, NHS, FBLA, DECA, etc.) = 75 points Acceptance into the IB Program = 150 points Pass AP Exam = 75 points per Participate in Spartan Youth Camp = 50 points per Team Camp Attendance = 100 points Hog Wars Participation/Attendance = 25 points

Fundraise \$600 = **100 points**

Fundraise \$750 = **150 points**

Fundraise \$900 = 200 points

Fundraise \$1,000 = **250 points**

Fundraise \$1,500 = **350 points**

Fundraise \$2,000 = **450 points**

PARENTS VOLUNTEER 15 HOURS = 100 POINTS

PLAYER EXPECTATIONS

- 100% Attitude and Effort in **Everything** they do
- To always do the right thing (Do Good!)
- Treat others as you would like to be treated
- To be on time and have the right mindset
- To hustle in practice and in games

game

- To learn football assignments, to become a student of the
- Be the best person you can be, be a role model for others

- Play with Character "As hard as you can as long as you can"
- Play with *Pride* "Never quit, even when the going gets tough"
- Be *Mentally Tough* "Perseverance through hard times without losing confidence"
- Understand and become of sound judgment towards academics (grades and attendance)

Freshmen Varsity Freshmen Lifting 5/1 - 5/16 (4-5:30pm) Monday - Thursdays 5/20 - 5/23 Testing & Equipment Checkout (Finals Week) 5/28 - 5/31 Camp 2:30-5:30pm (Equipment Checkout) 5/28 - 5/31 Camp 8am-11:30am 5/28 Blast Kickoff 6/1 Intersquad Scrimmage 9-11am 6/1 Intersquad Scrimmage 7:30-9:30am 6/3 - 6/5 Pueblo, 6/6 Camp 8-11:30am 6/3 - 6/6 Camp 2:30-5:30pm, 6/7 Scrimmage 3-5pm 6/10-8/1 Lifting with Speed & Agility 8-10:30am Off Fridays, Saturdays & Sundays 6/10-8/1 Lifting with Speed & Agility 6:50-8:30am 6/19 & 7/3 Optional Off Fridays, Saturdays & Sundays Off 7/4 - 7/7, Off 8/2 - 8/11 6/19 & 7/3 Optional Off 7/4 - 7/7, Off 8/2 - 8/11 Monday 6/17 7 on 7 @ Valor 6pm Tuesday 6/25 7 on 7 vs. Valor 6pm Monday 6/17 7 on 7 @ Valor 7pm Thursday 7/11 7 on 7 vs. Douglas County 6pm Tuesday 6/25 7 on 7 vs. Valor 7pm Wednesday 7/17 7 on 7 @ Legend 6pm Thursday 7/11 7 on 7 vs. Douglas County 7pm Wednesday 7/17 7 on 7 @ Legend 7pm 7/8 - 7/11 Spartans Youth Camp 10-12pm 7/29 Cougar Cards 7/29 Cougar Cards

Summer Dates & Times

7/29 - 8/1 Testing & Spartans Camp

8/12 First Day of School & Practice

7/29 - 8/1 Testing

8/12 First Day of School & Practice



CT FOOTBALL Booster Club

President - Jodi Jones

Vice President - Tammy Miller

Co-Treasurer - Annie & Craig Young

Communications / Secretary - Chrystal Thomas

Senior Parent Liaison - Ashley Tucker

Junior Parent Liaison - Chris Smith

Sophomore Parent Liaison - Kristen Schwenke

Freshman Parent Liaison - Kim Thrush

Members at Large - Marcy Smith (12), Lilly Jamison (11), Karyn Pile (10), Paul Zubeck (9)

What does the Booster Club do for CT Football?

The CT Football Boosters program was established to support players and coaches while creating opportunities for parents and the community to come together.

Purpose: "THE BOYS"

- To subsidize the cost of replacing equipment for players. (New/reconditioned Helmets, Shoulder Pads and Uniforms etc.)
- To subsidize the cost of replacing field equipment. (Bags, pads, sleds, chutes,etc.)
- To subsidize the cost of weight room equipment. (foam rollers, bands, ropes, medicine balls, push / pull machine etc).
- To subsidize bus transportation to away games.
- To subsidize the cost of huddle, drone and video recording.
- To provide nutrition for summer weight training. (Protein bars, protein shakes, milk, and uncrustables after every workout! For every BOY!)
- Feeding the boys!! The Booster Club organizes pre-game meals every week for every team. (<u>VOLUNTEERS NEEDED FOR THIS!</u>)
- To provide opportunities for <u>PARENTS to VOLUNTEER</u> along with the community to sponsor and run team-building and fundraising events.
- To serve as a liaison between the coaches and parents and provide parent/community information via social media, email, and meetings.

Communication from the Booster Club



This year we will be using Blast Athletics for:

- General Communications
- Urgent Notices
- Calendar
- Documents
- Fundraising



Follow Us

- CTHS Football Boosters
- @football_cths
- cherokeetrailfootball

Parents...We need you!!

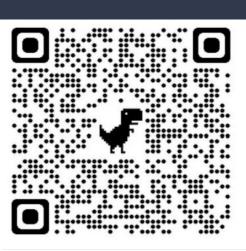
There are many ways to support the CT Football program and Booster Club:

- → VOLUNTEER VOLUNTEER!
- Chain Crew (JV and Freshman games)
- → Summer food and protein supplements
- → Pregame Meals
 - donate food
 - help set up/serve/break down & clean up
- → Team concession stand work shifts
- → Donations/sponsorships for fundraising events
- → Sign up for King Soopers Community Rewards
- → Buy team spirit wear



COUGAR FUNDRAISING

- □ Golf Tournament Monday, June 24th
- Player Led
 - Cougar Cards
 - ☐ Family or Business Sponsorship
 - Blast Fundraiser
- □ 50/50 drawing at home games
- Broncos season football squares





Sponsor Tiers







\$1000

- . 1 Custom T-Shirt
- . 1 Koozie
- · 1 Car Decal
- · (Personalized Player jacket w/sale of 30 cougar cards.)



PRIDE \$2000

- . 1 Custom Sweatshirt
- . 1 Beanie
- · 2 Koozie
- · 2 Car Decals
- · 1 Broncos Square(Season)
- · 2 Banquet Tickets
- · (Personalized Player Jacket w/sale of 30 cougar cards.)



\$1500

- · 2 Custom T-shirts
- · 1 Beanie
- · 1 Koozie
- · 1 Car Decal
- · 1 Bronco Square (Season)
- · (Personalized Player Jacket w/sale of 30 cougar cards.)



\$2500

- · 2 Custom Sweatshirts
- · 1 Beanie / 1 Baseball Cap
- · 2 Koozies · 2 Car decals
- · 2 Broncos Squares (Season)
- · 2 Banquet Tickets · Centennial League Pass
- (1 entry into the drawing)
- · (Personalized Player Jacket
- w/sale of 30 cougar cards.)

PERSONALIZED PLAYER JACKETS CAN ONLY BE EARNED BY SELLING ALL 30 COUGAR CARDS. WHETHER THEY ARE DONE SEPARATELY OR IN COMBINATION WITH THE TIER DONATIONS AS JACKET IS SUPPLIED BY LEGACY FUNDRAISING.



\$1500

- . NAME ON BANNER AT REGISTRATION PLUS
- RECOGNITION ON GOLF TOURNAMENT WEBSITE - ADVERTISING BANNER DISPLAYED ON HOME GAME
- . COMMENTARY ADVERTISING ANNOUNCEMENT AT HOME CAMES
- . THIS PACKAGE DOES NOT INCLUDE ENTRY
- TICKETS INTO THE GOLF TOURNAMENT . BLAST ATHLETIC ADVERTISING TEAM PAGES



\$3500

- . INCLUDES ONE HOLE SPONSORSHIP . NAME ON BANNER AT REGISTRATION
- PLUS RECOGNITION ON GOLF TOURNAMENT WEBSITE
- . ADVERTISING BANNER DISPLAYED ON HOME GAME DAYS
- . COMMENTARY ADVERTISING ANNOUNCEMENT AT HOME GAMES
- . BLAST ATHLETIC ADVERTISING TEAM PAGES
- . THIS PACKAGE DOES NOT INCLUDE ENTRY TICKETS INTO THE GOLF TOURNAMENT



\$5000

- . INCLUDES ONE FOURSOMES ENTRY INTO THE GOLF TOURNAMENT
- . ONE HOLE SPONSORSHIP . NAME ON BANNER AT REGISTRATION PLUS RECOGNITION ON GOLF TOURNAMENT
- . ADVERTISING ON GOLF SWAG
- . ADVERTISING BANNER DISPLAYED ON HOME . COMMENTARY ADVERTISING ANNOUNCEMENT
- AT HOME GAMES
- . BLAST ATHLETIC ADVERTISING TEAM PAGES . RECOGNITION ON CT FOOTBALL SOCIAL MEDIA



CHAMPION 10.000



- . INCLUDES TWO FOURSOMES ENTRY INTO THE
- GOLF TOURNAMENT . ONE HOLE SPONSORSHIP
- . ADVERTISEMENT ON BANNERS THROUGHOUT THE GOLF TOURNAMENT
- . NAME ON BANNER AT REGISTRATION PLUS RECOGNITION ON GOLF TOURNAMENT WEBSITE
- . ADVERTISING ON GOLF SWAG ADVERTISING BANNER DISPLAYED ON HOME GAME DAYS
- . COMMENTARY ADVERTISING ANNOUNCEMENT AT HOME GAMES
- . BLAST ATHLETIC ADVERTISING TEAM PAGES
- . RECOGNITION ON CT FOOTBALL SOCIAL MEDIA



\$250.00

HOLE SPONSORS

\$175.00

SINGLE GOLFER

\$700.00

4-SOME GOLFERS

\$450.00

GAME DAY BANNER

\$500.00

BLAST ATHLETICS ADVERTISEMENT

Please complete this form for CT FOOTBALL and the Booster Club... 2024 Parent & Player Information Form.

(ALL FRESHMEN NEED TO FILL THIS OUT!)



All Parent Booster Club Meeting!
Monday, May 6th, 5:00-7:00 PM, CT Lower
Lecture Center

If you have any questions, please contact Jocthscougars@yahoo.com or send a message

THANK YOU!! GO CT!!







CT SUMMER FEES

\$700



All Players (9th-12th) will pay the \$700.00

\$175 Spirit Pack (Shorts, Long Sleeve, Short Sleeve, Girdle, Beanie, Mouthpiece, Socks, Backpack, Shaker Bottle, Bag Tag)

\$175 Summer Fee

\$175 Insurance, Facilities Rental, Weight Room Upkeep and Equipment

\$175 Booster Club Fee (Food & Transportation)

All Payments due by 5/24

Varsity Players (10th-12th) Will pay an additional fee to camp.

\$220 Fee for Pueblo Camp (Varsity Only- Additional)

80 Players: GPA, Paperwork, Offseason Attendance, Fines, Upperclassmen, Potential Depth Chart

Paperwork will be provided to players to complete & return (May 1)

All Payments due by 5/24

Expenditures

Practice Jerseys & Equipment= \$6,000

Helmet Reconditioning= \$11,600

Helmets= \$10,700

Shoulder Pads= \$9,800

Film= \$5,500

Drone= \$9,900

Travel Bags= \$12,000

Sideline Capes = \$4,200









\$70,000

Player Fundraising

\$900



Cougar Cards (30 Cards)

Pre-Sale 5/28, Kickoff 7/29

Jacket for 30 Cards Sold (\$900)

Blast Fundraising

Business Sponsors & Tiers

Family Tiers (Seniors Personalized Jersey for Fundraising \$1,000)

Paw Points

New Equipment, Weight Room Upgrades, Film Upgrade

2024 Season

VARSITY	FRESHMEN & JV
8/22 vs. Regis 4pm (JV too)	8/24 vs. Regis 9am (Freshmen only)
8/30 @ Pine Creek 7pm	8/31 vs. Pine Creek 9am & 11:30am
9/6 @ Thunderridge 7pm	9/7 vs. Thunderridge 9am & 11:30am
9/13 vs. Mountain Vista 7pm (Homecoming)	9/14 @ Mountain Vista 9am & 11:30am
9/19 vs. Rocky Mountain 7pm (Youth Night)	9/21 @ Rocky Mountain 9am & 11:30am
9/27 @ Dakota Ridge 7pm	9/28 vs. Dakota Ridge 9am & 11:30am
10/5 vs. Cherry Creek 6pm (Military Appreciation)	10/5 @ Cherry Creek 9am (JV TBD)
10/11 @ Eaglecrest 7pm	10/12 vs. Eaglecrest 9am & 11:30am
10/18 vs. Grandview 7pm (Senior Night)	10/19 @ Grandview 9am & 11:30am
10/25 @ Arapahoe 7pm	10/26 vs. Arapahoe 9am & 11:30am
10/31 @ Smoky Hill 7pm	11/2 vs. Smoky Hill 9am & 11:30am



Important Dates During the Season

Monday 8/12 First Day of School & Practice

Monday 9/2 Labor Day (Practice)

Monday 9/9 Homecoming Week

Monday 10/14 Fall Break
Practice 8-11am (Frosh TBD)

Friday 11/8 1st Round of Playoffs

Friday 11/15 2nd Round of Playoffs

Friday 11/22 Quarterfinals

Thursday 11/28 Thanksgiving

Saturday 11/30 Semifinals

Saturday 12/7 State Championship

Banquet TBA

Toy Drive TBA (December)

ADDITIONAL GEAR & APPAREL

BSN Website

https://bsnteamsports.com/shop/kvHKzuYnL6

Closes Monday 4/15

2 Weeks Delivered to your house





CHSAA Eligibility will be strictly followed (Team GPA)

Practices & Communication is MANDATORY for ALL levels

Chain of Command with communication and concerns

Player Advocates for Self Position Coach/Coordinator Meeting Head Coach Meeting

Tobacco, Drugs and Violence issues will be deferred to CT & CCSD Policies

Grudges & "Out to Get You"

Playing Favorites

Leave It Better Than We Found It

CT FOOTBALL Guidelines

What are the next steps for the Cougar Football Program?

Check email for information:

Blast Athletics sign-up / unless you did it.

Google Form for Sizes (Freshmen)

Link to Mile High Sports Camps

CSU Pueblo Camp (JV & Varsity Only)

Links to Apparel Store

Attend Booster Club Meeting

MAY 6TH (5-7:00 P.M.) Lower Lecture Center

Arrange Sports Physical (ASAP)

Physical & Athletic Registration (Due August)

Cannot participate without it.

Get Involved with the Golf Tournament and come VOLUNTEER!

"The people we surround ourselves with either raise or lower our standards. They either help us to become the best version of ourselves or encourage us to become lesser versions of ourselves. No man becomes great on his own. No woman becomes great on her own. The people around them help to make them great. We all need people in our lives who raise our standards, remind us of our essential purpose, and challenge us to become the best version of ourselves."

CT Football Family

Trust

Unity

