



**Canyon Springs Cougar Canyon Regiment**  
23100 Cougar Canyon Drive • Moreno Valley, CA • 92557 • (858) 610-6419  
[sites.google.com/g.mvusd.net/canyonspringshsband](http://sites.google.com/g.mvusd.net/canyonspringshsband)

## **Call Sheet for Rancho Verde Field Tournament** **Wednesday, 10/30/19**

*\*\*Wednesday 10/30 is a Flex Day*

- Load Trailers - Crew 2:30 pm
- **ALL CALL TIME** **3:00 pm**
- Change into Half Dress
- **Load Buses** **3:30 pm**
- **Depart CSHS** **4:00 pm**
- **Arrive at Rancho Verde** **4:30 pm**
- Unload Equipment
- Dress into Uniform
- Stretch, Warm-Up 5:00 pm
- Move to Stadium 6:45 pm
- Staging 7:00 pm
- **Field Performance** **7:15 pm**
- Change out of Uniform 7:45 pm
- Head to Stadium, Watch 8:00 pm
- **Awards Ceremony** **9:00 pm**
- **Depart Rancho Verde** **9:30 pm**
- **Estimated Arrival** **10:15 pm**

### **BAND-REMINDERS & THINGS TO BRING:**

1. Instrument, reeds, mouthpieces, etc.
2. Marching Black Shoes
3. Long BLACK socks, Teal CCR Shirt
4. Bottle(s) of Water
5. Stuff for you hair, Deodorant, etc
6. Warm clothes for evening after performance
7. Money for snacks and/or programs
8. Homework/Books for downtime

### **COLOR GUARD- REMINDERS & THINGS TO BRING:**

1. Uniform, shoes, tights, etc.
2. Flag bags with correct performance equipment
3. Warm clothes for evening after performance
4. Make-up, hair stuff, etc.
5. Money for snacks and/or programs
6. Bottle(s) of Water
7. Stuff for you hair, Deodorant, etc

***All students should increase their consumption of water on the day of a performance.***

### **Tournament Location:**

#### **Rancho Verde High School**

17750 Lasselle St, Moreno Valley,  
CA 92551

General Admission \$10.00