# LQHS Off Season Baseball Off-Season 2018/19

Try-outs for the Off-Season squads will be in September dates and time TBD. Off-Season training will run from September to January. In order to try out you must first fill out an Athletic Clearance packet, which can be done online. You must also have an up to date physical on file with the school. Go to the "Athletics" link on school website, then "Athletic Clearance" and follow the instructions to complete the packet. You must have this packet completed to be cleared for try-outs regardless of whether you make the squad or not.

Following the completion of a 2-day try-out session, 3 rosters will be posted; 1 Varsity, 1 Junior Varsity, & 1 Frosh. The JV/Frosh rosters will consist of the top players who don't make Varsity. These 3 squads will work through January. If you are offered and accept a spot on any one of the Off-Season rosters you will be expected to adhere to the following requirements:

- 1. \$300 Registration (Includes Spirit Pack, described below, worn at all games/practices)
- 1 LQHS Baseball hat

- 2 LQHS Baseball t-shirts

- 2 LQHS Baseball Shorts

- Tournament Fees (3 Tournaments for Varsity Team)

When a player is offered & accepts a spot on the squad, and that player sells one \$500 banner then that will cover the cost of their fall spirit pack. Banner Sales information can be found under the Document tab(s) on the left side of the web page, under Banner Sales.

#### 2. Attend all Practices

- Varsity will practice Mondays, Wednesdays, & Thursdays, 6 8 pm.
- JV and Frosh squad will practice right after school on Mondays, Wednesdays, & Thursdays (3:30 5:30 pm)

#### 3. Attend all Games

- Check the Off-Season Game Schedule link that is found under the Document tab on the left side of the web page
- -JV and Frosh squads will pay a minimum one game a week in the evening 5pm or 7pm
- 4. Participate in any fundraising activities that the baseball program may be doing

### 5. Maintain at least 2.0 GPA

- No Fs, regardless of overall GPA
- An F will keep you off the field until progress report shows otherwise

## 6. Equipment needed;

- Spirit Pack
- Grev and white baseball pants.
- Spikes, Glove, & BBCOR (-3) Certified Bat

There will be a mandatory player/parent meeting on date TBD following our field clean up, to hand out Spirit Packs and go over Off-Season Fundraising activities.

Meeting should only be an hour long at the most.

Meeting will be held at the Varsity Field.

Spirit Pack payments are at the player/parent meeting.

Thank you for your interest in the Blackhawks Baseball program.

If you have any further questions please feel free to contact me.

Brian Wisler Head Baseball Coach La Quinta High School