

TEMESCAL CANYON HIGH SCHOOL



TITANS FOOTBALL

TEAM
MEETING

AGENDA

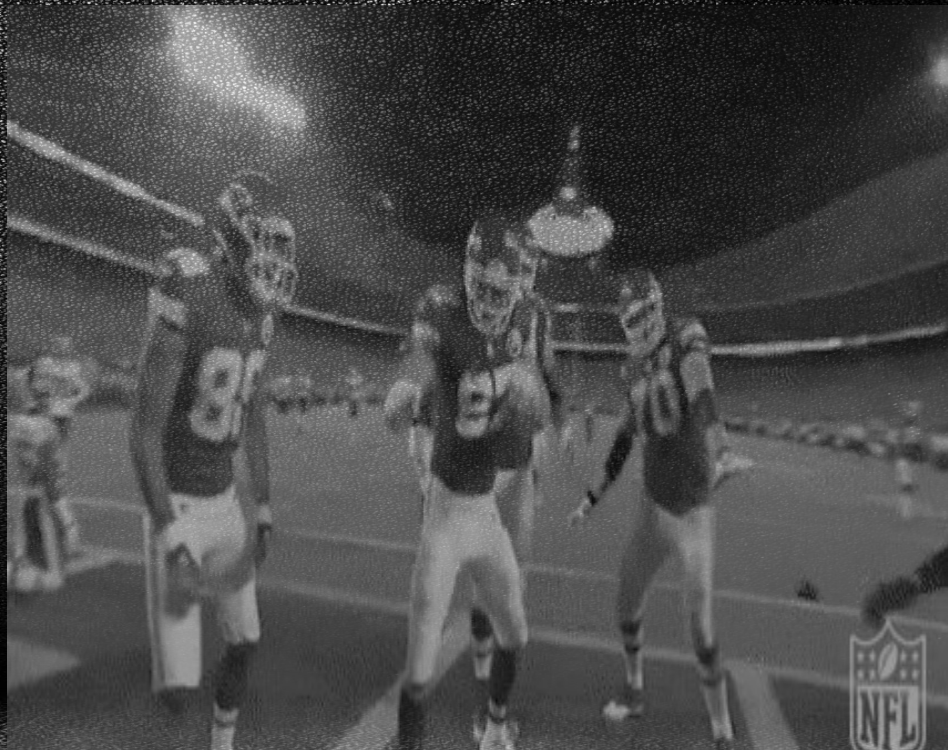
1. ROLL CALL
2. FOOTBALL UPDATES
3. DOING YOUR PART
4. ACADEMICS AND GRADES
5. TEAM WEBSITE
6. PREPARING FOR FOOTBALL
7. OFFENSIVE
INSTALLATION



ROLL CALL

TAKE A MINUTE TO
WRITE A MESSAGE

AND SAY WHAT'S UP
TO YOUR
TEAMMATES!



FOOTBALL UPDATES

★ START OF FOOTBALL

- CIF MEETING THIS WEEK, BUT NO UPDATES YET ON START OF THE SEASON
- NO TIMELINES HAVE BEEN PROVIDED
- PREPARE AS THOUGH WE WILL PLAY MURRIETA MESA ON AUG. 21

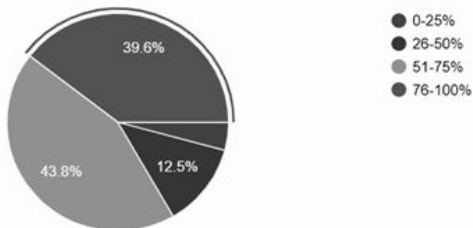
★ SPRING FOOTBALL CANCELLED

- SINCE CAMPUS IS SHUT DOWN UNTIL JUNE 19, NO MEETINGS OR PRACTICE

WORKOUTS

Select the percentage of days that you have been able to complete the workouts provided on Blast at home.

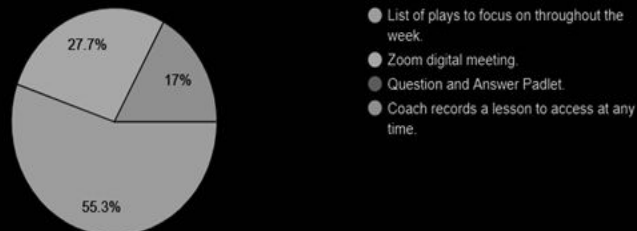
48 responses



PLAYBOOK STUDY AND LEARNING

What would be the best way for you to learn the offensive and defensive schemes while we are not able to come together as a team?

47 responses



DOING YOUR PART

IT IS CRITICAL FOR OUR PLAYERS TO STAY HEALTHY AND SAFE FIRST AND FOREMOST. BE RESPONSIBLE AND HELP PROTECT YOURSELF, YOUR FAMILY, AND THE PEOPLE IN YOUR COMMUNITY.

FOLLOW SOCIAL DISTANCING GUIDELINES.

CORONAVIRUS COVID-19

Social Distancing

AVOID

- Group gatherings
- Visits to bars/restaurants
- Sleep overs
- Playdates
- Visiting the elderly with children
- Crowded retail stores
- Gyms
- Visitors to the home
- Non essential workers in the home

USE CAUTION

- Visits to supermarkets
- Visit to pharmacy
- Visit to GP
- Traveling
- Check on friends and family safely
- Public transport

SAFE TO DO

- Go for a walk
- Jogging
- Working in the home
- DIY in and around the home
- Reading
- Going for a drive
- Video calls
- Phone calls

Just some of those who are vulnerable that these measures could help:
Patients who are elderly, history of lung illness, cancer patients, immune suppressed patients, immune compromised and those with varying underlying conditions.

DOING YOUR PART

IT IS CRITICAL THAT YOU ARE DOING YOUR PART AT HOME TO MAKE SURE YOU ARE STAYING HEALTHY AND HELPING YOUR FAMILY. THESE ARE STRESSFUL TIMES FOR YOUR PARENTS AND GUARDIANS, SO BE HELPFUL AND RELIABLE.

WAYS TO HELP AT HOME

- **STAY HOME**
 - COVID-19 IS EXTREMELY CONTAGIOUS, DON'T BRING IT TO YOUR FAMILY
- **COMPLETE CHORES**
 - CLEAN AROUND THE HOUSE
 - CLEAN YOUR ROOM
 - DO THE DISHES
 - DO YOUR OWN LAUNDRY
- **MAKE A MEAL**
 - OFFER TO COOK A MEAL OR HELP OUT WITH SIDES
- **HELP WITH SIBLINGS**
 - BABYSIT AND WATCH YOUR SIBLINGS
 - BE KIND AND UNDERSTANDING, AND DON'T CAUSE UNNECESSARY FIGHTS

ACADEMICS AND GRADES

- GRADES CAN ONLY BE IMPROVED, AND WILL NOT BE REDUCED WHILE TEMESCAL CANYON HS IS USING DISTANCE LEARNING
- ASSIGNMENTS AND COURSEWORK IS FOR ENRICHMENT, BUT CAN BE INPUT TO THE GRADE BOOK TO IMPROVE YOUR GRADE
- GREAT OPPORTUNITY TO IMPROVE GRADES AND GPA'S
- DO NOT BE LAZY, DO NOT PROCRASTINATE, DO NOT GIVE UP!
- TEMESCAL CANYON TITAN PLAYERS SHOULD ALWAYS STRIVE TO SUCCEED IN EVERYTHING THEY DO. EDUCATION, KNOWLEDGE, SKILLS, AND ACADEMICS ARE A PRIOR



NEW OFFICIAL WEBSITE UNDER CONSTRUCTION...

WEBSITE FEATURES:

- TEAM ROSTERS
- MEDIA (VIDEOS, PHOTOS)
- CALENDARS, SCHEDULES, DOCUMENTS
- TEAM STORE
- REGISTRATION
- INCREASED PROGRAM EXPOSURE
- SPONSORSHIPS AND FUNDRAISING
- TEAM UPDATES



PREPARING FOR FOOTBALL

➤ INCREASE STRENGTH & CONDITIONING

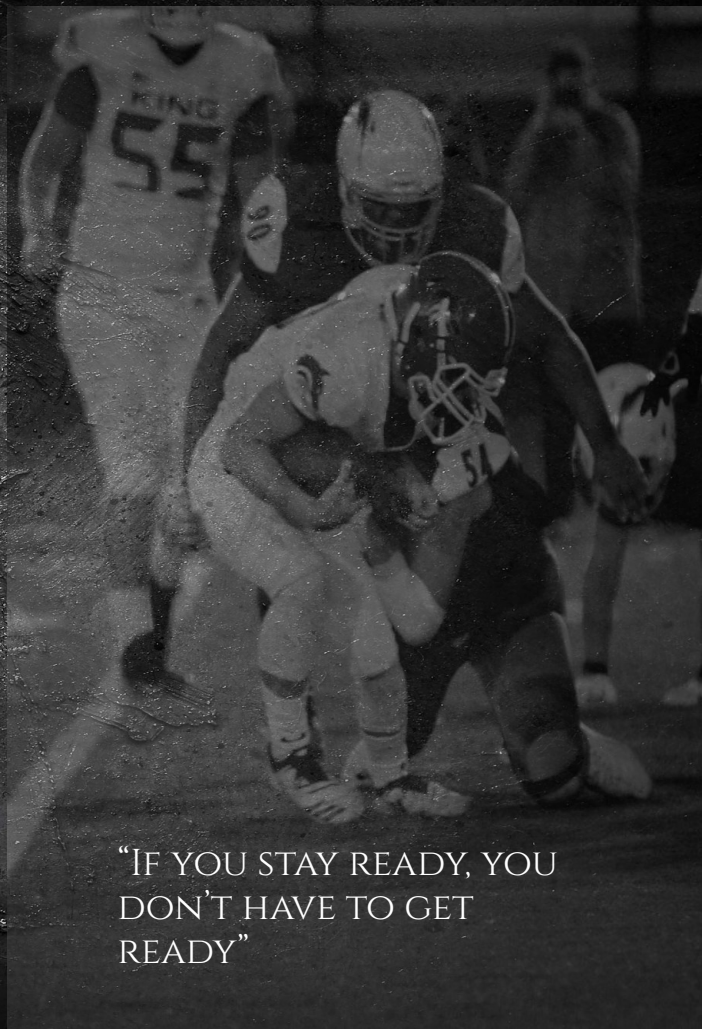
- COMPLETE DAILY WORKOUTS
- WORKOUTS POSTED ON BLAST
- STAY AWAY FROM GROUPS OF 10 OR MORE

➤ STUDY PLAYBOOKS

- FOLLOW THE INSTALLATIONS POSTED ON BLAST EACH WEEK
- STUDY THE PLAYBOOK INSTALLATIONS DAILY
- SELECT A POSITION AND FOCUS ON THE ROLES AND ASSIGNMENTS (BE REALISTIC)

➤ FILM STUDY

- FILM FROM MURRIETA MESA IS LOADED ONTO HUDL
- GET TO KNOW YOUR OPPONENT'S PERSONNEL AND SCHEMES



“IF YOU STAY READY, YOU
DON'T HAVE TO GET
READY”

OFFENSIVE INSTALLATION

Day	Formations	Run Game	Pass Pro	2x2 Combinations	3x1 Combinations	Screen RPO
Day 1 Monday	Ace Trio Lt Trio Rt Weak Lt Weak Rt Strong Lt + Strong Rt	31 30 Rub 31 30 Arch 33 32 Arch	61 60	Spacing (Blue White) A-Cobb B-Cobb A-Drive B-Drive Stick + Slice Slice + Stick	Spacing (Blue White) Stick Mercedes	
Day 2 Tuesday	Ace Trio Lt Trio Rt Weak Lt Weak Rt Strong Lt + Strong Rt	31 30 Rub 31 30 Arch 33 32 Arch 33 32 Kick	61 60	Short + Ohio Vegas Vegas + Short Ohio Money (Blue White) + Chair (Blue White) Chair (Blue White) Money (Blue White)	Bang (Blue White) Levels Levels Change	
Day 3 Wednesday	Ace Trio Lt Trio Rt Weak Lt Weak Rt Strong Lt + Strong Rt	31 30 Lock Pop 31 30 Lock Bullet	61 60	Deep Ohio + Dragon Dragon + Deep Ohio Smash + Packer Packer + Smash	Mirror Mirror X-Shallow Mirror A-Under	31 30 Lock Pop 31 30 Lock Bullet
Day 4 Thursday	Ace Trio Lt Trio Rt Weak Lt Weak Rt Strong Lt + Strong Rt	31 30 Jam 33 32 Jam 35 34 Arch 35 34 Jam	61 60	Tiger Husky + Dragon Dragon + Husky	New Orleans Wave	Tesla Tesoro
Day 5 Friday	Ace Trio Lt Trio Rt Weak Lt Weak Rt Strong Lt + Strong Rt	35 34 Arch 35 34 Jam 31 30 Lock Stick 31 30 Lock Key Pop	61 60	Stop + Chair Chair + Stop Triangle Lt Triangle Rt	Charger Dagger Sword	Tesla Tesoro 31 30 Lock Stick 31 30 Lock Key Pop