

# Physicals

Incoming freshman and returning athletes who wish to participate in any summer or school sport program must have a physical exam prior to participation in athletic activity.

***No students will be enrolled*** in a fourth period athletic class or can participate in a summer camp ***without an up-to-date physical on file.***

To begin the process for Athletics, please visit [www.athleticclearance.com](http://www.athleticclearance.com) and create your student-athlete's account by clicking *register*. Then create a "New Clearance" for each sport and select the current school year. When the account is created, you will be able to access the Physical and Health History forms. Please turn the **completed physical** and **signed AthleticClearance confirmation page** into the Health Clerk in the Health Office (Main Office.)

**Make sure the physical is signed, dated, and stamped by the Physician before submitting it to the health clerk, attached together with the clearance confirmation.**

You can visit your regular physician or go to the local clinics listed below:

## Local clinics that complete athletic physicals

**Pacific Urgent Care**                      714-921-3870                      Open daily 8 am to 8 pm.

2115 N. Tustin Street, Orange, CA 92865

\$25: bring Physical Form and mention to El Modena HS

**Hoag Urgent Care**                      714-389-3500                      Open daily 8 am to 8pm.

2560 Bryan Avenue, Tustin, CA 92780

\$35: bring Physical Form

**Hoag Urgent Care**                      714-602-2400                      Open daily 8 am to 8 pm.

5630 E Santa Ana Canyon Road #100, Anaheim 92807

\$35: bring Physical Form

**Alta Med Urgent Care**                      888-499-9303                      Open MWF 8 am- 5 pm; Tu/Th 9 am – 5 pm

4010 E Chapman Ave, Orange, CA 92869

\$50 (unless qualify for special program): bring Physical Form

**Questions: Contact EMHS Health Office at 714-997-6331 ext 3713                      FAX: 714-997-0705**