

## **2020 Fall Camp Guidelines**

- NO SCRIMMAGING
- NO CONTACT
- Camp may not be required for student-athletes
- Camp may not serve as tryouts
- 1 coach per 10 athletes
- Must maintain 6 feet distance between individuals
- Athletes will be medically screened upon their arrival by MDHS staff
  - Temperature checked
  - Verbally screened for COVID19 symptoms
- If athlete shows symptoms of COVID, contact athletic training staff immediately
- Athletic training staff will place them in Team Room #1 and contact their family
- Athletes must be fully dressed for camp upon arrival
- No indoor activities allowed at this point. All programs must be outside.
- Locker room usage will **NOT** be permitted
- Doors propped open at all times; no touching door handles
- Athletes are required to wear mask when not engaging in physical activity
  - i.e must wear mask on walk to and from field, gym, or pool
- Athletes are required to bring personal 32-ounce water bottle; water fountains will be unavailable
- Coaches are required to wear mask at all times.
- Athletes shall never congregate closer than six feet before, during, or after practice
- Athletes and coaches are required to conduct hand hygiene every 30 minutes
- Athletes are encouraged to wear sport specific gloves
- Athletes should be dismissed to use camp designated restroom one at a time
- Dismissal of athletes must be staggered, one at a time to maintain social distancing
- Drop off needs to be drop and go, and pick up, pick up and go.
- Athletes must be registered as a student, and in Appryse with a current physical. We have same day options if you need them.