

Football Practice Protocol

- Drop off/ Pick up in designated location (West Gate Only) All other gates will be locked
- Masks must be worn at all times unless performing an exercise
- Groups of players (Cohorts) must stay together and not intermingle while social distancing
- Players temperatures will be taken prior to being allowed into practice
- Players with high temperature will be isolated and retested
- Once player's temperatures are taken, they will be given a wristband (different color each day) and admitted to practice
- Practice is coaches and players only. No other people will be allowed
- Players must bring their own form of hydration. Trainer cannot supply water.
- Players cannot share water or Gatorade.
- Locker rooms will be closed
- Players are expected to leave practice promptly while maintaining social distancing

Equipment Information Needed

These items need to be purchased by the athlete.

- Girdle
- Knee pads
- Butt pads
- Cleats
- Immediate needs shorts, shirt and cleats
- Water bottle or container.

Season Start Information

- October 1- Varsity Practice starts
- October 5, 2020 (tentative)- First Practice; 4:30pm to 5:30 pm (tentative)
- November 14- Colony HS 7 On 7 Tournament (tentative)
- December 14, 2020 – Start season
- December 30, 2020 – Scrimmage
- January 7, 2020 – First Game

Freshman Football Email list:

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