

NORCO Game Itinerary

4:00- 4:45 – LUNCH/ TEAM MEAL

4:45- 5:00- TAPE

5:00-5:30 – OFFENSE WALKTHROUGH

5:30 – 6:00 – MEETINGS

- SPECIAL TEAMS DUFFY
- DEFENSE JOHNSON
- OFFENSE BASS
- SENIORS

6:00 – 6:15 – EARLY OUTS

6:15 - 6:20 – STRETCH

6:20-6:25 – D INDYS

6:25 – 6:30 – D TEAM

6:30 – 6:45 – OFFENSE

6:45 – 6:55 – LAST MINUTE PREP

6:55 – CAPTAINS

7:00 – GAME TIME