



ORCHARD FARM INVITATIONAL 2021



Teams Attending: Brentwood, Confluence, Duchesne, Fulton, Lutheran St. Charles, Maplewood Richmond-Heights, Oakville, Orchard Farm, St. Dominic, Valley Park, Winfield, Wright City,

General Information:

1. Place: Orchard Farm High School Track

2. **Date: Thursday, April 22, 2021**

Coaches can manage their entries through Tuesday, April 20th until 5 pm. [Online Entries](#)

Scratches and changes will ONLY be allowed to be made until 9:00AM on Thursday April 22nd.

3. Times: The track meet will begin at 3:30 for field events and 4:00 for running events

4. The games committee will consist of one coach from each school

5. Buses should park in the parking lot, south of the high school.

6. We will be charging a gate fee for admittance. \$2.00

7. We will NOT have a concession stand. Hospitality will NOT be provided for coaches and bus drivers this year with COVID. Please plan accordingly.

8. Facilities: We have a polyurethane track, and all jumping surfaces are polyurethane. These surfaces require 1/4 inch spikes or less. The throwing surfaces are concrete and require rubber-soled shoes.

9. Scoring: We will score six places in individual events, 10-8-6-4-2-1, and six places in relays, 10-8-6-4-2-1.

10. ENTERING ATHLETES: YOU MAY ENTER TWO ATHLETES PER EVENT AND ONE RELAY TEAM.

11. Awards: The **top six** in each event will receive a medal. We will give you a location for medal pick up at the coaches meeting. Meet results will be emailed. Coaches should check results and awards at that time for accuracy. There will also be a team plaque for the boys and girls champions.

12. Team camps should be set up at the south end of the track, by the concession stand or on the south side of the bleachers. Competitors should arrive dressed. Dressing facilities will not be available. **The high school building is off limits.** Restrooms are located at the west end of the concession stand.

13. Spikes are not permitted in the bleachers.

14. No athletes or spectators will be allowed on the infield. Coaches and administrators are responsible for the supervision of their students and fans.

15. Competitors must wear official school uniforms, or they will be disqualified.

16. We will provide starting blocks. Schools should bring their own batons.

17. Entry Fee is \$150 p/school (boys AND girls team); \$75 p/school (boys OR girls team); NO Individual entries allowed at this time.

18. **COVID Protocol:**

- We understand that we are outside, but while on Orchard Farm campus, all spectators, coaches, athletes, etc... are expected to wear a face covering over the mouth and nose. **If you are unable to manage your team's behaviors (students and coaches) to meet these expectations, please withdraw yourself from this meet.**
- While athletes are competing, masks may be removed but once the athlete has completed their event, we expect them to put their mask back on. Coaches will be expected to enforce this for their own athletes. If you are unable to manage this for your team, you should withdraw from this event.
- Sanitizer & wipes will be available in multiple areas.
- Visiting team athletes will not be allowed in the bleachers to allow for spectators to remain socially distanced.
- SPECTATORS: Face coverings are required for all spectators at all times while they are on our campus. 4 spectators per athlete are allowed. We will not be requiring vouchers, we will use the track and field roster to check spectators in. Additionally, to allow for social distancing, we have marked the bleachers with tape. Please do not sit on areas that have tape on them. The four spectators for each athlete should be family members.

19. **Field Events:**

1. The starting heights for the pole vault and high jump will be decided at the coaches meeting before the meet.
2. Each competitor in the shot put, discus, javelin, long jump, and triple jump will have four trials only. The javelin, long and triple jump will be run cafeteria style.
3. All contestants in the field events should report to the field event judge prior to the start of the competition. Contestants should also report immediately after being called for each trial and complete the trial within 1.5 minutes after reporting (exception – 2 minutes in the pole-vault). Otherwise, they will be charged with an unsuccessful attempt.
 - a. If you need to leave for another track event, be sure to check out with that field judge, otherwise the athlete will be charged with an unsuccessful attempt.
4. **All schools** are expected to help run a field event. Orchard Farm will do our best to have workers/coaches run field events but understand schools may be asked to help as well.

Any items not covered in this information packet will be handled according to the 2020-21 MSHSAA Track and Field Manual. Please study your manual

ALL FIELD EVENTS BEGIN – 4 attempts in each event.

3:30

Boys and Girls Long Jump; Triple Jump to follow upon completion of LJ

Boys High Jump; Girls to follow upon completion of boys

Girls Pole Vault; Boys Pole Vault will follow upon completion of the girls

Boys Shot and Girls Disc; will switch upon completion

Boys and Girls Javelin (will begin **CONCURRENTLY** with shot put and discus, will begin at 3:30 and end by 5pm)

Order of all Final Running Events (Girls heats followed by Boys)

- Six places in individual events, 10-8-6-4-2-1
- Six places in relays, 10-8-6-4-2-1.

4 x 800 meter relay

100/110m HH

100m Dash

4x200m Relay

1600m Run

4x100 Relay

400m Dash

300m LH

800m Run

200m Dash

3200m Run

4x400m Relay

Work Assignments:

Please email Coach Yount at byount@ofr5.com, with your preference on work assignments. We are asking each school to work at least one event for girls AND boys. Orchard Farm will take care of Pole Vault and TRXC will be timing. Coach Yount will email each of you with your assignment, once he receives responses from everyone.

Long Jump (Boys and Girls) –

Triple Jump (Boys and Girls) –

Shot Put (Boys and Girls) –

Discus (Boys and Girls) -

High Jump (Boys and Girls) –

Javelin (Boys and Girls) -

Pole Vault (Boys and Girls) - Orchard Farm

Exchange Zones –