

JUN 2021

SUN	MON	TUE	WED	THU	FRI	SAT	
			01	02	03	04	05
		SPEED/WEIGHTS 6AM 1:07 DISMISSAL	1:15PM STUDY HALL TEAM WEIGHTS 2:30PM	SPEED/WEIGHTS 6AM 1:07 DISMISSAL	OFF	OFF	
06	07	08	09	10	11	12	
1:15PM STUDY HALL TEAM WEIGHTS 2:30PM	6AM WEIGHTS/ SPEED 1:07 DISMISSAL MANDATORY PARENT MEETING 7PM – FB STADIUM	1:15PM STUDY HALL TEAM WEIGHTS 2:30PM	WEIGHTS/SPEED 2:30PM	OFF	OFF		
13	14	15	16	17	18	19	
OFF	TEAM WEIGHTS 1PM	WEIGHTS/ SPEED 1PM	TEAM WEIGHTS 1PM LAST DAY OF SCHOOL	6AM WEIGHTS/ SPEED	OFF	OFF	
20	21	22	23	24	25	26	
OFF	OFF	OFF	OFF	OFF	OFF	OFF	
27	28	29	30				
OFF	CAMP DAY 1 Weights 1:30pm – 3pm Football 4 – 6pm	CAMP DAY 2 Weights 1:30pm – 3pm Football 4 – 6	CAMP DAY 3. Weights 1:30pm – 3pm Football 4 – 6				

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