

Saugus Frosh Football

JULY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 UPPER FIELD Practice: 4:15 - 7:30	2 NO Practice	3
4	5 Practice: 4:30 - 7:30	6 MAIN FIELD Practice: 4:30 - 7:30	7 Practice: 4:30 - 7:30	8 UPPER FIELD Practice: 4:30 - 7:30	9 Practice: 4:30 - 7:30	10
11	12 Practice: 4:30 - 7:30	13 MAIN FIELD Practice: 4:30 - 7:30	14 Practice: 4:30 - 7:30 ST	15 UPPER FIELD Practice: 4:30 - 7:30	16 Practice: 4:30 - 7:30	17 SIMI VALLEY TOURNEY
18	19 Practice: 4:30 - 7:30	20 UPPER FIELD Practice: 4:30 - 7:30	21 Practice: 4:30 - 7:30	22 UPPER FIELD Practice: 4:30 - 7:30	23 Practice: 4:30 - 7:30	24
25	26 NO Practice	27 NO Practice	28 NO Practice	29 Practice: 4:30 - 7:30 HELMETS ONLY	30 Practice: 4:30 - 7:30 HELMETS ONLY	31 Practice: TBA HELMETS ONLY
		Notes: Weight Room Tuesday & Thursday Book Study Monday, Wednesday and Friday Simi Valley Tourney: TBA				