

## **Frequently Asked Questions - Swimming & Diving**

- **What equipment is needed?**

Practice Gear: Swimmers will be responsible for purchasing their own suits, goggles and towel. The Starting Block is a speciality swim/dive store in Wichita. Swim caps for the meets are provided by the school.

- Meet Gear: Team suits and caps will be ordered the first week of practice. (Team suits and caps are NOT to be worn at practice.)

- **Where is practice and how do the boys get there?**

A bus will leave school at 2:55 P.M. to take swimmers to the Northwest YMCA. Parents are more than welcome to pick students up at the NW YMCA after practice. Boys can also drive themselves to the YMCA, they just need to fill out a form.

- **How do the boys get to the swim meets?**

Transportation will be provided to all swim meets throughout the season, except for the meets at NW YMCA and Northwest High School. The boys MUST ride the bus to the meets.

### **How do you letter?**

#### **LETTERING POLICY**

Athletes must accumulate 200 points throughout the swim season in order to letter.\*

Points are determined as follows:

1. Participation in a Meet: 15 points.
2. Individual Events: First place in a meet earns 20 points; second, 18 points; third, 16 points. This cycle continues all the way down to tenth place, which earns 2 points.\*\*
3. Relay Events: Being on an A team earns you 4 points, B team 3 points, C team 2 points, D team 1 point.\*\*
4. State Swimmers and Alternates: Automatically receive a letter.

\* = The coaching staff reserves the right to letter individuals who have not met the requirements in special situations.

\*\*= Individual exhibition races are not worth any points, but still count towards participating in the meet. Relay exhibition races still count, with the point value determined as stated above.