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| February Roosevelt Wrestling | 2022 |
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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | 6:30am-7:15pm Workout4pm-6pm HS Practice  | 4pm-6pm HS Practice  | 6:30pm Duals Ankeny Centennial/Waukee NWSENIOR NIGHT  | 7am Weights 4pm-6pm HS Practice  | JV CIML Tournament@Roosevelt  |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| OFF  | 7am Weights 4pm-6pm HS Practice  | 6:30am-7:15pm Workout4pm-6pm HS Practice  | 4pm-6pm HS Practice Regional Dual Team Tournament 7pm | 6:30am-7:15am Workout4pm-6pm HS Practice  | 7am weights 4pm-6pm HS Practice | 12pm Districts TBA |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 1:30pm State qualifiers Practice  | 7am Weights 4pm-6pm State qualifies practice  | 6:30am-7:15am Workout4pm-6pm State qualifies practice  | 4pm-6pm HS Practice  | State Tournament | State Tournament  | State Tournament  |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
|  |  |  |  |  |  |  |
| 27 | 28 |  |  |  |  |  |
|  | 6pm End of Season Banquet TBA |  |  |  |  |  |
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| Events | Head CoachDaryl Dotson Daryl.dotson@dmschools.org515-447-8219 | Assistant CoachesMichael Lewis Mike HuguninKendric Birden Dave Reed | Assistant Coaches |