

NORTHWEST GIRLS INVITATIONAL SWIM MEET

Meet Directors

Courtney Fast cfast@usd259.net and Lance Deckinger, ldeckinger@usd259.net
Friday, March 25 and Saturday, March 26, 2022

- Diving: 4:30 pm – Diving Warm-up
Friday, March 25 6:00 pm – Diving Competition
(6 dives) Diving will take place at Wichita Northwest High School, 1220 N. Tyler
Divers will have a six-dive format (6 dives).
All schools having divers participating must have a diving judge available.
- Swimming: 8:00 am – Swimming Warm-ups begin
Saturday, March 26 10:00 am – Swimming Competition
Swimming will take place at Northwest High School, 1220 N. Tyler
- Preliminaries: There will be no preliminary races. All events will swim heats against time.
- Coaches Scratch Meeting: 9:00 am – Heat sheets and lane assignments will be distributed at the meeting.
- Entries: Please use Meet Manager to e-mail your entries to ldeckinger@usd259.net. **This must be done no later than Thursday, March 24 at 10:00pm.** Scratches and substitutions will be permitted if listed as alternates. Please list the swimmers' last name, then first name and year in school. Swimmers and relay teams with no time will be entered in the slow heats. **Please include coaches phone number in your email in case we need to verify times or correct entry mistakes.**
- Weather Contact: Please email to Lance Deckinger, ldeckinger@usd259.net, a contact person and phone number in case we must contact you about weather conditions.
- Pool: Six lane-25-yard pool, so convert accordingly.
- Facilities: Dressing rooms will be available. Please remind your swimmers to bring their own towels and lock to secure items.
- Parking: Please park in the Tyler Street parking lot. You will enter through the main gym entrance (Door #40). This entrance is located at the east end of the parking lot across from the football stadium.
- Number of Events: 3 relay teams, 3 individuals per event. **We will allow unlimited entries in the 50 free.** Please mark extra swimmers in these events as "Exhibition". Each individual can enter 4 events; no more than 2 can be individual events. Only A relay will score points.
- Time Standards: 200 Free must be 3:00 or better.
200 IM must be 3:15 or better.
500 Freestyle must be 7:30 or better.
- Competing Teams: Andover, Andover Central, Bishop Carroll, Buhler, Circle, Derby, Kapaun Mt. Carmel, Liberal, Newton, Maize, Maize South, Marion, Trinity, Wichita East, Wichita Heights, Wichita North, Wichita Northwest, Wichita South, Wichita Southeast, Valley Center, Wichita West and Winfield.
- Entry Fee: One hundred and thirty (\$130) dollars per team.

Concessions: Concessions will be available in the lobby of the main gym area. No food or drink is to be in the pool area including the swim deck and spectator seating.

Hospitality: Food and drink will be provided to coaches and meet management. Swimmers and managers are NOT to be in the hospitality area. Coaches, please make sure your swimmers are not in this area.

Medals: Six in each event including relays.

Warm-ups: Warm up lanes, times and a psych sheet will be emailed to you on Friday, March 25. Lanes and warm up times will also be posted on meet day.

Results: Results will be emailed for all swimmers times, splits and team scores as soon as possible after the conclusion of the meet.

Scoring: 16 PLACES:
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1
Relays 40 34 32 30 28 26 24 22 18 14 12 10 8 6 4 2
Only one relay team per school, the "A" Relay, can score or medal.

Admission: Adults-\$6.00
Student (with school I.D.) -\$4.00
Children 5 and under - Free

The gymnasium will be available for teams to stretch out and rest. **** No basketballs, footballs, Frisbees, etc. allowed.** The gym is to be used for rest not for play. Please assist us in policing your team area at the conclusion of the meet (both pool and gym area). Your assistance is greatly appreciated.

Please contact Lance Deckinger, ldeckinger@usd259.net, (316) 973-6011 or Courtney Fast, cfast@usd259.net, (316) 371-8007, if you have questions.