

Dual Meet Order of Events - With Frosh

3:15	1	Boys JV and Frosh	400 Relay	3:15	Long Jump	
3:19	2	Girls Varsity and JV	400 Relay		Varsity - 3 trials/ Top 4 - 3 additional trials	
3:23	3	Boys Varsity	400 Relay		JV - 4 trials	
3:28	4	Boys JV and Frosh	1600m			
3:36	5	Girls Varsity and JV	1600m	4:45	Triple Jump - To follow long jump	
3:44	6	Boys Varsity	1600m		Varsity - 3 trials/ Top 4 - 3 additional trials	
3:51	7	Girls JV	100 HH		JV - 4 trials	
3:54	8	Girls Varsity	100 HH			
3:59	9	Boys Frosh	110 HH	3:15	Discus	
4:02	10	Boys JV	110 HH		Girls Varsity - JV	
4:06	11	Boys Varsity	110 HH		Boys Varsity and JV to follow at 4:30	
4:12	12	Boys Frosh	400m		Varsity - 3 trials/ Top 4 - 3 additional trials	
4:15	13	Girls JV	400m		JV - 4 trials	
4:18	14	Boys JV	400m			
4:21	15	Girls Varsity	400m	3:15	Shot Put	
4:24	16	Boys Varsity	400m		Boys Varsity - JV	
4:30	17	Boys Frosh	100m		Girls Varsity and JV to follow at 4:30	
4:33	18	Girls JV	100m		Varsity - 3 trials/ Top 4 - 3 additional trials	
4:36	19	Boys JV	100m		JV - 4 trials	
4:39	20	Girls Varsity	100m			
4:42	21	Boys Varsity	100m	3:15	High Jump	
4:48	22	Boys JV and Frosh	800m		Girls Varsity	4' 4"
4:53	23	Girls Varsity and JV	800m		Boys Varsity	5' 2"
4:58	24	Boys Varsity	800m		Girls JV	4' 0"
5:04	25	Girls JV	300 LH		Boys JV/Frosh	4' 10" / 4' 8"
5:07	26	Girls Varsity	300 LH			
5:10	27	Boys Frosh	300 LH	3:15	Pole Vault	
5:15	28	Boys JV	300 IH		Boys Varsity	9' 9"
5:18	29	Boys Varsity	300 IH		Girls Varsity	7' 0"
5:24	30	Boys Frosh	200m		Girls JV	6' 0"
5:27	31	Girls JV	200m		Boys Frosh	7' 9"
5:30	32	Boys JV	200m		Boys JV	8' 9"
5:33	33	Girls Varsity	200m			
5:36	34	Boys Varsity	200m			
5:42	35	Girls Varsity and JV	3200m			
5:58	36	Boys Varsity, JV, and Frosh	3200m			
6:12	37	Boys JV and Frosh	1600 Relay			
6:18	38	Girls Varsity and JV	1600 Relay			
6:24	39	Boys Varsity	1600 Relay			