

JSERRA SOCCER



JSERRA BOYS SOCCER
Incoming PLAYER - PARENT
MEETING
May 20, 2022



JSERRA SOCCER

AGENDA

- Mission Statement
- Coaching & Staff Introductions
- Player Expectations
- Important Dates
- Athletic Clearance
- BLAST Team Communication & Fundraising
- Social Media
- Volunteer Opportunities
- Financial Commitment
- Next Steps
- Q&A

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MISSION STATEMENT

Our goal in the JSerra Boys Soccer program is to foster a culture that provides our student athletes with a platform to achieve success in academics and competition to achieve excellence in life.

Guided by the teachings of the Catholic Church, as well as a sacrament-based learning environment, we will help these young men pursue personal and professional excellence. Helping to build a solid foundation for them to rely on as they take the next steps into adulthood. Soccer will be the vessel we use to develop the mental, physical, and spiritual facets of our student athletes.

OUR CORE VALUES:

INTEGRITY: We will hold ourselves to the absolute highest standard on and off the field.

RESPECT: Foster a climate of respect for ourselves, teammates, and fellow competitors.

EXCELLENCE: We will excel in the classroom and in our performance on the field.

COMMUNITY: We will work to enhance the lives of our classmates and community.

TRADITION: We will build upon our program's tradition by remembering the past and building upon the future.

TEAM BONDING EVENTS
TEAM DINNERS | TEAM OUTREACH MINISTRY
TEAM UNITY | ALUMNI
...AND MUCH MORE

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2022-23 Season | Program Director Erik Kirsch

➤ **JSerra Boys Soccer Coaching Staff:**

ERIK KIRSCH – Varsity Coach

PETER CAREY – Assistant Varsity Coach

SEAN NOVAK – JV Coach

RUEBEN VILLALOBOS – Fresh / Soph Coach

MIKE McMOIL – Goalkeeper Trainer

JIM MADRID – Mental Fitness Trainer

➤ **JSerra Boys Soccer Strength & Conditioning Trainer:**

CARLOS GARCIA JR.

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Player Expectations:

- Players are expected to be present and committed to all JSBS field or weight room training sessions.
- High School Soccer is a winter sport. Our on-field schedules may conflict with holidays or other events. This is the reality of a winter sport and a requirement for a program competing at our level and with future aspirations. Missing any on field, weight room, or film / classroom training (including summer and preseason weight training) will have a direct impact on roster selection, playing time and starting rosters.
- Injuries are part of the game and injured players are expected to communicate with their respective coaches, seek rehabilitation support from the JSerra Athletic Training Staff and attend all training sessions (when not visiting the training room) to participate in film, strategy sessions and support their teammates.
- Club team participation is understood and encouraged. At the same time, our goal is to build chemistry and a strong team bond. All players are expected to participate in all JSBS training, scrimmages, and events. Direct conflicts with Club Team events are to be coordinated directly between players and their respective coach.
- Roster limits should be expected by all players for next season.
- All players may not make a team roster. Individual team rosters will be built based on skill, level of experience, commitment and “coachability”.

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Important Dates:

1. July 5-14

- a. Phase 1 ID Camp / Games
- b. July 5 – 15, Noon to 4:30PM, Tues, Wed, Thurs.
- c. Registration can be completed at: [Boys Soccer Summer Camp - JSerra Catholic High School](#)

2. September – October

- a. Morning (6AM – 7:30AM) preseason Weight Training

3. November 1

- a. Declared playing season starts

4. November 1-13

- a. Daily Field Training
 - i. Intensity and workload will be monitored due to club soccer commitments.
- b. Phase 2-Tryouts
- c. Pre-Season Games

5. November 14-18

- a. Daily Field Training
 - i. Intensity and workload will be monitored due to club soccer commitments.
- b. Scrimmages (X2)
- c. Individual Team Roster Building – Roster Limits Imposed

6. November 19-27

- a. Daily Field Training
 - i. Intensity and workload will be monitored due to club soccer commitments.
- b. Varsity Trip
- c. JV Trip
- d. F/S OFF

7. November 28-30

- a. Daily Field Training
- b. Team Rosters Announced
- c. 1st Non-League Game

8. December 1-16

- a. Daily Field Training
- b. Non-League Games

9. December 17-26

- a. OFF – All Teams

10. December 27- 30 – All Teams

- a. Daily Field Training
- b. Alumni Game

11. January 2-March 31, 2023

- a. Daily Field Training
- b. League Games
- c. CIF Playoffs / CIF State Tournament

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Key Forms/AthleticClearance.com

Athletic Eligibility Packet

- JSerra.org / The Den / Parents & Students / Fees and Forms / Athletic Eligibility
- Register on AthleticClearance.com
- Complete entire profile and print final page and turn into the Athletic Trainers
- Physical Form needs to be uploaded to profile after being signed off by a doctor.

[INJURIES](#)
[MY ACCOUNT](#)
[CONTACT US](#)
[SIGN OUT](#)

[CLEARANCES](#)

[Clearances](#)
[Documents Library](#)

[Start Clearance Here!](#)

Year	Sport	Student	School	Student Info	Physicals	Medical History	Parent/Guardian Info	Signature	Confirmation	Shop	Status	Delete
2019-20	Football (11 man)		JSerra	Completed		Completed PRINT	Completed	Completed	View	View	Uncleared	

1/12/2019

JSerra
 Section: CIF-55
 Address: 26351 Junipero Serra Road, San Juan Capistrano CA 92675
 Phone: (949) 462-6200-6220

Dear (YOUR CHILD'S NAME),
 This message is to let you know (YOUR CHILD'S NAME) has started the Athletic Clearance process to participate in (SPORT) for JSerra.
 The final step in this process requires parent and student signatures in agreement of the consent to participate. Please read, sign and return to the Athletic office along with your completed physical form.
 I hereby give my consent for (YOUR CHILD'S NAME), hereafter named student, to compete in athletics. I authorize the student to go with and be supervised by a representative of the school on any trips. In case the student becomes ill or is injured, you are authorized to have the student treated and I authorize the medical agency to render treatment. I consent to any x-ray examination, anesthetic, medical, or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under, the guidance or special supervision of any physician and surgeon licensed under the provisions of the Medical Practice Act as the medical staff of any accredited hospital, whether such diagnosis or treatment is rendered at the office of said physician or said hospital or is understood that the authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power on the part of the school representative to give specific consent to any and all such diagnosis, treatment or hospital care which the above-mentioned physician or the exercise of his/her best judgment may deem advisable. This authorization shall remain effective until the end of the school year unless sooner revoked in writing and delivered to the school.

Parent Signature _____
 Student Signature _____
 Date _____

Thank You,
 JSerra Catholic High School
 Athletic Department

[Print This Page](#)

PREPARTICIPATION PHYSICAL EVALUATION 2020-2021 HISTORY FORM
Please: This form is to be filled out by the parent and given prior to seeing the physician. The physician will keep this form in the chart.

Date of form: _____ (Print or type)

Name: _____ Age: _____ Gender: _____ School: _____ State: _____

Medicines and Allergies: Please list all of the prescription and over-the-counter medicines and supplements (herbal and additional) that you are currently taking.

Do you have any allergies? ☐ Yes ☐ No If yes, please identify specific allergy: _____
☐ Medicines ☐ Poisons ☐ Stinging insects

Explain "Yes" answers below. Circle questions you don't know the answers to.

GENERAL QUESTIONS	Yes	No	PHYSICAL QUESTIONS	Yes	No
1. Has doctor ever found a medical problem that prevents you from participating in sports?			26. Are you taking any medicine or drugs that could affect your performance?		
2. Do you have any medical problems, conditions or pre-existing conditions?			27. Have you ever been treated for a heart problem?		
3. Do you have any medical problems, conditions or pre-existing conditions?			28. Have you ever been treated for a heart problem?		
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24. Do you have any medical problems, conditions or pre-existing conditions?			49. Have you ever been treated for a heart problem?		
25. Do you have any medical problems, conditions or pre-existing conditions?			50. Have you ever been treated for a heart problem?		

PHYSICIAN ONLY

1. I have reviewed this form and the student's medical history. I have determined that the student is medically fit to participate in the sport.

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*** Must be complete before summer program participation**

1/1

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<https://youtu.be/-pcoTpf3N3k>

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TEAM FUNDRAISING

Requirement to fundraise \$675 per player by November 5th with TWO options:

1. Blast Athletics

- All-in-one sports fundraising platform through friends and family sponsorship.

2. Buyout

- Buyout available via Blast

With God, all things
are possible.

Matthew 19:26



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TEAM COMMUNICATIONS

- BLAST – View Team Roster, Game Schedule, Photos, Files, and Live Updates!
- **NEW this season on BLAST:**
 - Parents and Players can post direct to BLAST! Help promote our team!
 - *NOTE: All posts must be JSerra friendly and in line with school policies.*
- Follow Us on Social Media @jserraboysoccer and @jserraathletics on Instagram
- JSerra.org School Portal for registration, donations and online payments
- Sign-Up Genius for Volunteer Sign-Ups



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VOLUNTEER OPPORTUNITIES

➤ Coordinators

- Snack bar (shadow coordinator)
- Media Team (shadow coordinator)
- Digital Media Team
- Freshman photographer

➤ General Volunteers (helpers, event support, etc.)

****Please contact Monika Esseily via BLAST to inquire about volunteer opportunities****



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FINANCIAL COMMITMENT

Program	Cost
Player Sport Fee (Due mid November)	\$2,000 (2022-23 TBD)
Fall and Spring Strength and Fitness Programs	Approximately \$175 (each)
Blast Fundraising or Buyout	\$675
Soccer Uniform	Approximately \$290

**Sports fee also includes banquet tickets (player + 2 family members) and training kit.*

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NEXT STEPS CHECKLIST

- ☐ Complete Player Information Google Form (Scan **black** QR code below)
- ☐ Complete Athletic Clearance & Eligibility (Scan **gold** QR code below)
- ☐ Register for summer soccer program (Scan **red** QR code below)
- ☐ Volunteer? – *Contact Monika Esseily* (monika.esseily@hotmail.com / (949) 702-2861)

Player Info Form



<https://forms.gle/ttTnRPaxAmszDXrf6>

Athletic Clearance



<https://www.athleticclearance.com>

JSBS Summer Program



<https://www.jserra.org/parents-students/fees-forms/bsocc-summer>

JSERRA SOCCER



PARENT | PLAYER Q&A

“Be *strong* and *courageous*.

Do not be afraid.

Do not be
discouraged, for the
Lord your God will
be with you
wherever you go.”

-Joshua 1:9

