

May 2022						
◀ April						June ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 CLASS 7:30 START FIELD VARSITY DEFENSE	3 CLASS 7:30 START SPEED	4 CLASS 7:30 START	5 CLASS 7:30 START SPEED	6 CLASS 7:30 START FIELD VARSITY	7
8	9 CLASS 7:30 START FIELD VARSITY	10 CLASS 7:30 START SPEED	11 CLASS 7:30 START	12 CLASS 7:30 START SPEED	13 CLASS 7:30 START FIELD VARSITY	14
15 <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u>	16 CLASS 7:30 START FIELD VARSITY <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u> <u>4:30-6pm VAR SPRING</u> <u>BALL</u>	17 CLASS 7:30 START SPEED <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u> <u>4:30-6pm VAR</u> <u>SPRING BALL</u>	18 CLASS 7:30 START <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u> <u>4:30-6pm SPRING</u> <u>BALL TBA</u>	19 CLASS 7:30 START SPEED MAXING <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u> <u>4:30-6pm VAR</u> <u>SPRING BALL</u>	20 CLASS 7:30 START FIELD VARSITY <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u>	21 <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u>
22 <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u>	23 CLASS 7:30 START MAXING <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u> <u>4:30-6pm VAR SPRING</u> <u>BALL</u>	24 CLASS 7:30 START MAXING <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u> <u>4:30-6pm VAR</u> <u>SPRING BALL</u>	25 CLASS 7:30 START MAXING 2 ND PAYMENT <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u> <u>VAR/JV PARENT</u> <u>MEETING</u> <u>6-730 BIG GYM/Room</u> <u>402</u> <u>4:30-6pm VAR</u> <u>SPRING BALL</u>	26 CLASS 7:30 START FIELD VARSITY <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u> <u>4:30-6pm VAR</u> <u>SPRING BALL</u>	27 CLASS 7:30 START FIELD VARSITY <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u>	28 <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u>
29 <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u>	30 MEMORIAL DAY NO SCHOOL <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u>	31 CLASS 7:30 START FIELD VARSITY <u>PHYSICAL CLEAR</u> <u>OPEN</u> <u>NEEDS TO BE DONE</u> <u>BEFORE 8 PM 6/7</u>				

June 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 NO CLASS FINALS <u>PHYSICAL CLEAR OPEN</u> <u>NEEDS TO BE DONE BEFORE 8 PM 6/7</u>	2 FINALS 7:30 START FIELD VARSITY CLEAN LOCKER LEADERSHIP BREAK <u>PHYSICAL CLEAR OPEN</u> <u>NEEDS TO BE DONE BEFORE 8 PM 6/7</u>	3 NO SCHOOL GRADUATION <u>PHYSICAL CLEAR OPEN</u> <u>NEEDS TO BE DONE BEFORE 8 PM 6/7</u>	4 <u>PHYSICAL CLEAR OPEN</u> <u>NEEDS TO BE DONE BEFORE 8 PM 6/7</u>
5 <u>KIDS OFF</u> <u>PHYSICAL CLEAR OPEN</u> <u>NEEDS TO BE DONE BEFORE 8 PM 6/7</u>	6 <u>KIDS OFF</u> <u>PHYSICAL CLEAR OPEN</u> <u>NEEDS TO BE DONE BEFORE 8 PM 6/7</u>	7 <u>KIDS OFF</u> <u>PHYSICAL CLEAR OPEN</u> <u>NEEDS TO BE DONE BEFORE 8 PM 6/7</u>	8 SUMMER PRACTICE 4:00-7:45 PM	9 SUMMER PRACTICE 7:00-9:45 AM LEADERSHIP	10 <u>KIDS OFF</u>	11
12 <u>KIDS OFF</u>	13 SUMMER PRACTICE 4:00-7:45PM KO/KOR FUNDRAISER KO	14 SUMMER PRACTICE LIFT 8-915 AM SKILL (LINE LIFT PM) PRACTICE 4:00-7:45PM 7 ON 7 @ WHS 6-745PM SUTTER 12 BRIDGES NORTH HIGHLANDS	15 PRACTICE 4:00-7:45PM 7 ON 7 @ WHS 6-745PM DC RIO VISTA CENTER	16 SUMMER PRACTICE 7:00-10:30 AM	17 <u>KIDS OFF</u>	18 <u>KIDS OFF</u>
19 <u>KIDS OFF</u>	20 SUMMER PRACTICE 4:00-7:45PM KO/KOR FUNDRAISER KO	21 SUMMER PRACTICE LIFT 8-915 AM SKILL (LINE LIFT PM) FROSH CAMP 4-6:30 PM PRACTICE 4:00-7:45PM 7 ON 7 @ WHS 6-745PM SUTTER 12 BRIDGES NORTH HIGHLANDS	22 FROSH CAMP 4-6:30 PM PRACTICE 4:00-7:45PM 7 ON 7 @ WHS 6-745PM DC RIO VISTA CENTER	23 SUMMER PRACTICE 7:00-10:30 AM FROSH CAMP 4-6:30 PM <u>LINEMAN COMP 5-7:30 PM</u>	24 7 ON 7 TOURNEY 7-3PM ALL LEVELS WORK ALL DAY	25 <u>KIDS OFF</u>
26 <u>DEPART FOR TAHOE 12:00 PM (EST)</u> <u>SEE ITINERARY FOR DETAILS.</u>	27 <u>TAHOE CAMP</u>	28 <u>TAHOE CAMP</u>	29 <u>TAHOE CAMP</u> <u>RETURN FROM TAHOE</u>	30 <u>KIDS OFF</u>		

JULY 2022

August ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 KIDS OFF	2 KIDS OFF
3 KIDS OFF	4 INDEPENDENCE DAY KIDS OFF	5 KIDS OFF	6 WT ROOM/SPEED 8-10 AM	7 WT ROOM/SPEED 8-10 AM	8 KIDS OFF	9 KIDS OFF
10 KIDS OFF	11 KIDS OFF	12 WT ROOM/SPEED 8-10 AM	13 WT ROOM/SPEED 8-10 AM FUNDRAISER ENDS	14 WT ROOM/SPEED 8-10 AM	15 KIDS OFF	16 KIDS OFF
17 KIDS OFF	18 WT ROOM/SPEED 8-10 AM <u>VAR MANDATORY</u>	19 WT ROOM/SPEED 8-10 AM <u>VAR MANDATORY</u>	20 <u>WT ROOM/SPEED</u> 8-10 AM <u>VAR MANDATORY</u> <u>FINAL DONATION</u> <u>GEAR</u> <u>VAR 1030-1130</u> <u>JV 1145-1245</u> <u>FROSH 1-2PM</u>	21 KIDS OFF	22 KIDS OFF	23 KIDS OFF
24 KIDS OFF	25 FALL CAMP PRACTICE #1 430-8PM ACCLIM WEEK HELMETS ONLY	26 FALL CAMP PRACTICE #2 430-8PM ACCLIM WEEK HELMETS ONLY	27 FALL CAMP PRACTICE #3 430-8PM ACCLIM WEEK SHELLS	28 FALL CAMP PRACTICE #4 430-7 PM ACCLIM WEEK SHELLS	29 FALL CAMP PRACTICE #5 430-7 PM ACCLIM WEEK SHELLS	30 FALL CAMP PRACTICE #6 8-10:30 AM ACCLIM WEEK FULL GEAR
31 KIDS OFF	<p style="text-align: center;">WT ROOM OPEN FROM 8-10 SPEED WORK OPEN 8-10 <u>KIDS IN TOWN NEED TO BE THERE!</u> <i>GIVEN THE NATURE OF CALIFORNIA SUMMERS PRACTICE TIMES CAN AND MORE THAN LIKELY WILL HAVE TO BE ADJUSTED PER CONDITIONS. PLEASE BE PREPARED FOR ANY AND ALL ADJUSTMENTS (IE 5AM PRACTICE DUE TO AQI ETC)</i></p>					

<div style="display: flex; justify-content: space-between; align-items: center;"> ◀ July <h2 style="margin: 0;">VARSITY August 2022</h2> September ▶ </div>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 FALL CAMP PRACTICE #7 4:00-7:30PM SHELLS	2 FALL CAMP PRACTICE #8 4:00-7:30PM FULL	3 FALL CAMP PRACTICE #9 4:00-7:30PM FULL	4 FALL CAMP PRACTICE #10 4:00-6:00PM SHELLS	5 MAROON AND WHITE TBA	6 FILM 8-10AM COACHES 6-8PM PICTURES?????
7 KIDS OFF	8 FALL CAMP PRACTICE #7 430-8PM SHELLS	9 FIRST DAY OF SCHOOL PRACTICE FULL GEAR 430-6:45 PM	10 CLASS LIFT PRACTICE FULL GEAR 310-6:00 PM	11 CLASS LIFT PRACTICE SHELLS 7:15-8:00 A 4 TH PERIOD	12 SCRIMMAGE @ PLACER TIMES TBA	13 GOLF/DINNER AUCTION ALL DAY
14 KIDS OFF	15 PRACTICE SHELLS 7:15-8:00 A 4 TH PERIOD PM OFF	16 CLASS LIFT PRACTICE FULL GEAR 310-6:00 PM	17 CLASS LIFT PRACTICE FULL GEAR 310-6:00 PM	18 PRACTICE SHELLS 7:15-8:00 A 4 TH PERIOD PM WOLF CHOW FROSH V STAGG	19 V FRANKLIN-EG 5/715 PM	20 FILM 8-10 COACHES 1015-1245
21 KIDS OFF	22 PRACTICE SHELLS 7:15-8:00 A 4 TH PERIOD PM OFF	23 CLASS LIFT PRACTICE FULL GEAR 310-6:00 PM	24 CLASS LIFT PRACTICE FULL GEAR 310-6:00 PM	25 PRACTICE SHELLS 7:15-8:00 A 4 TH PERIOD PM OFF FROSH V WHITNEY	26 @ WHITNEY 5/715 PM	27 FILM 8-10 COACHES 1015-1245
28 KIDS OFF	29 PRACTICE SHELLS 7:15-8:00 A 4 TH PERIOD PM OFF	30 PRACTICE FULL GEAR 310-6:00 PM	31 PRACTICE FULL GEAR 310-6:00 PM	PRACTICE TIMES WILL BE THE SAME MOVING FORWARD FOR REMAINDER OF SEASON		

GIVEN THE NATURE OF CALIFORNIA SUMMERS PRACTICE TIMES CAN AND MORE THAN LIKELY WILL HAVE TO BE ADJUSTED PER CONDITIONS. PLEASE BE PREPARED FOR ANY AND ALL ADJUSTMENTS (IE 5AM PRACTICE DUE TO AQI ETC)

JV August 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 FALL CAMP PRACTICE #7 4:00-7:30PM SHELLS	2 FALL CAMP PRACTICE #8 4:00-7:30PM FULL	3 FALL CAMP PRACTICE #9 4:00-7:30PM FULL	4 FALL CAMP PRACTICE #10 4:00-6:00PM SHELLS	5 MAROON AND WHITE TBA	6 FILM 8-10AM PICTURES
7 KIDS OFF	8 FALL CAMP PRACTICE #7 4:00-7:30PM SHELLS	9 FIRST DAY OF SCHOOL PRACTICE FULL GEAR 3:50-6:20 PM	10 PRACTICE FULL GEAR 3:50-6:20 PM	11 PRACTICE SHELLS 4:00-5:30	12 SCRIMMAGE @ PLACER TIMES TBA	13 GOLF/DINNER AUCTION ALL DAY
14 KIDS OFF	15 PRACTICE SHELLS 4:00-5:30	16 PRACTICE FULL GEAR 3:50-6:20 PM	17 PRACTICE FULL GEAR 3:50-6:20 PM	18 PRACTICE SHELLS 4:00-5:30 FROSH V STAGG	19 V FRANKLIN-EG 5/715 PM	20 FILM 8-10 COACHES 1015-1245
21 KIDS OFF	22 PRACTICE SHELLS 4:00-5:30	23 PRACTICE FULL GEAR 3:50-6:20 PM	24 PRACTICE FULL GEAR 3:50-6:20 PM	25 PRACTICE SHELLS 4:00-5:30 FROSH V WHITNEY	26 @ WHITNEY 5/715 PM	27 FILM 8-10 COACHES 1015-1245
28 KIDS OFF	29 PRACTICE SHELLS 4:00-5:30	30 PRACTICE FULL GEAR 3:50-6:20 PM	31 PRACTICE FULL GEAR 3:50-6:20 PM	PRACTICE TIMES WILL BE THE SAME MOVING FORWARD FOR REMAINDER OF SEASON		

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FROSH August 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 FALL CAMP PRACTICE #7 4:00-7:30PM SHELLS	2 FALL CAMP PRACTICE #8 4:00-7:30PM FULL	3 FALL CAMP PRACTICE #9 4:00-7:30PM FULL	4 FALL CAMP PRACTICE #10 4:00-6:00PM SHELLS	5 MAROON AND WHITE TBA	6 FILM 8-10AM PICTURES
7 KIDS OFF	8 FALL CAMP PRACTICE #7 4:00-7:30PM SHELLS	9 FIRST DAY OF SCHOOL PRACTICE FULL GEAR 3:50-6:20 PM	10 PRACTICE FULL GEAR 3:50-6:20 PM	11 PRACTICE SHELLS 3:50-5:15PM	12 SCRIMMAGE @ PLACER TIMES TBA	13 GOLF/DINNER AUCTION ALL DAY
14 KIDS OFF	15 PRACTICE FULL GEAR 3:50-6:20 PM	16 PRACTICE FULL GEAR 3:50-6:20 PM	17 PRACTICE SHELLS 3:50-5:15PM	18 FROSH V STAGG 5:30 PM	19 PRACTICE/FILM SHELLS 3:50-5:15PM	20 FILM 8-10 COACHES 1015-1245
21 KIDS OFF	22 PRACTICE FULL GEAR 3:50-6:20 PM	23 PRACTICE FULL GEAR 3:50-6:20 PM	24 PRACTICE SHELLS 3:50-5:15PM	25 FROSH V WHITNEY	26 PRACTICE/FILM SHELLS 3:50-5:15PM	27 FILM 8-10 COACHES 1015-1245
28 KIDS OFF	29 PRACTICE FULL GEAR 3:50-6:20 PM	30 PRACTICE FULL GEAR 3:50-6:20 PM	31 PRACTICE SHELLS 3:50-5:15PM	PRACTICE TIMES WILL BE THE SAME MOVING FORWARD FOR REMAINDER OF SEASON		

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