

NORTHWEST MEN'S INVITATIONAL SWIM MEET

Meet Directors-Courtney Fast and Lance Deckinger

Friday, January 27 and Saturday, January 28, 2023

- Diving: 3:00 pm – Diving Warm-up
Friday, Jan. 27 5:00 pm – Diving Competition
Diving will take place at Wichita Northwest High School, 1220 N. Tyler
Divers will have a championship format (11 dives), Per State Rules.
All schools having divers participating must have a diving judge available.
- Swimming: 7:30 am – Doors open
8:00 am – Swimming Warm-ups begin
Saturday, Jan. 28 10:00 am – Swimming Competition
Swimming will take place at Northwest High School, 1220 N. Tyler
- Coaches Scratch Meeting: There will be a coach's scratch meeting at 9:00am in the hospitality/wrestling room.
- Entries: Please e-mail your entries to ldeckinger@usd259.net. **This must be done no later than 6:00pm Thursday, January 26th.** Please include coaches cell number in your email in case we need to verify times or correct entry mistakes.
- Weather Contact: Please email to Lance Deckinger, ldeckinger@usd259.net, a contact person and phone number in case we must contact you about weather conditions.
- Pool: Six lane-25-yard pool, so convert accordingly.
- Facilities: Dressing rooms will be available. Please remind your swimmers to bring their own towels and lock to secure items.
- Parking: Please park in the Tyler Street parking lot. You will enter through the gym entrance (door 40). This entrance is located at the southeast end of the school.
- Number of Events: Each team is allowed 3 entries per relay event and 3 entries per individual event.
Event #4-50 Free and Event #7-100 Free are allowed 3 exhibition entries for those events (3 entries AND 3 exhibition – 6 total)
Divers will have a championship format (11 dives). Each individual can enter 4 events; no more than 2 can be individual events. Only one relay team per school, the "A" Relay, can score or medal, please mark the others exhibition.
- Time Standards: 200 Free must be 2:30 or better.
200 IM must be 2:45 or better.
500 Freestyle must be 7:00 or better.
- Competing Teams: Bishop Carroll, Maize, Maize South, Newton, Rose Hill, Salina South, Salina Central, Wichita Independent, Wichita North, Wichita Northwest, Wichita South, Wichita Southeast, Trinity, Marion, Derby, Liberal and Valley Center.
- Entry Fee: One hundred thirty (\$130) dollars per team.
- Concessions: Concessions will be available in the lobby of the gym area. No food or drink is to be in the pool area including the swim deck and spectator seating.
- Hospitality: Food and drink will be provided to coaches and meet management. Swimmers and managers are NOT to be in the hospitality area.

<u>Medals:</u>	Six in each event including relays.
<u>Warm-ups:</u>	Warm up lanes, times and a psych sheet will be emailed to you by Friday, January 27. Lanes and warm up times will also be posted on meet day.
<u>Results:</u>	We will email the results as soon as possible after the meet.
<u>Scoring:</u>	16 PLACES: <u>1</u> <u>2</u> <u>3</u> <u>4</u> <u>5</u> <u>6</u> <u>7</u> <u>8</u> <u>9</u> <u>10</u> <u>11</u> <u>12</u> <u>13</u> <u>14</u> <u>15</u> <u>16</u> 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1
Relays	40 34 32 30 28 26 24 22 18 14 12 10 8 6 4 2 <u>Only one relay team per school, the "A" Relay, can score or medal.</u>
<u>Admission:</u>	Adults-\$6.00 Student (with school I.D.) -\$4.00 Children 5 and under - Free

The gymnasium will be available for teams to stretch out and rest.

**** No basketballs, footballs, Frisbees, etc. allowed.** The gym is to be used for rest not for play.

Please assist us in policing your team area at the conclusion of the meet (both pool and gym area). Your assistance is greatly appreciated. Please contact Lance Deckinger at (316) 973-6011 or Courtney Fast at (316) 371-8007 if you have questions.