

St. Johns Invite
COMPETITIVE
CHEER

Monday, January 23, 2023
6:00p.m.

Doors open to teams at 4:30p.m. Spectators 5:15p.m.

Use door #37

Admission is \$5.00

Competition will begin at 6:00p.m.

Price \$125 per team. Checks should be made out to:

St. Johns High School
501 W Sickles Street
St. Johns MI 48879

Please email the following to brewerj@siredwings.org & Shepardk@siredwings.org
before 2p.m. on Sunday January 22, 2023

- Round 1 Score Sheet & Penalty Sheet with Jumps filled in
- Round 2 Score Sheet & Penalty Sheet with Skills, Difficulty and Division filled in
- Round 3 Score Sheet, Penalty Sheet & Description Sheet

Warm-Up: Competition mat will be open before the competition. Each team will be allowed 3 minutes on the mat during this time. Mat time will begin at 4:55pm and will go in Round 1 order.

Team Warm-Up: Will be available in the Balcony, and Auxiliary Gym. Please pay attention to round order when warming up during the competition and be courteous to the teams going before you.

Trainer: We will have a trainer on site during the competition that will be able to help with all our first aid needs for same day illness. Injuries, taping, etc. Please remember to bring your own tape if you have girls that need to be taped prior to the competition.

Locker Rooms: Each team will be assigned to a specific locker room which you will receive at team registration. Please make arrangements for your valuables. St. Johns Public School will NOT be responsible for any lost or stolen items.

Judges Room: Judges will have a room provided for you. Please enter the athletic office and use the conference room. There will be light refreshments.

Judging arrangements:

Panel: Theresa Shepard, Dee Hammond, Jodi Kramarczyk

Safety: Sue Horak, Mary Gavitt

Live Scoring:

Click the link [SJ Cheer Invite live Scores - Google Sheets](#) for LIVE scoring throughout the competition! We will not enter round 3 scores until the completion/awards have been given!

Teams competing:

D2-

Carmen- Ainsworth

Bay City Western

Gaylord

Fowlerville

St. Johns

D3-

Charlotte

Corunna

Lakewood

D4-

Lumen Christi

JV-

St. Johns

Mat Time	ROUND 1	ROUND 2	ROUND 3
4:55	Carman- Ainsworth	Lumen Christi	Lakewood
5:00	Fowlerville	Corunna	Carman- Ainsworth
5:05	Gaylord	Lakewood	Bay City Western
5:10	St. Johns	Gaylord	Corunna
5:15	Bay City Western	Carman- Ainsworth	St. Johns JV
5:20	Lumen Christi	Bay City Western	Gaylord
5:25	St. Johns JV	Charlotte	St. Johns
5:30	Lakewood	Fowlerville	Lumen Christi
5:35	Corunna	St. Johns	Charlotte
5:40	Charlotte	St. Johns JV	Fowlerville