**Legacy Football Recruiting**

**NCAA Approved Core Classes:**

The NCAA classifies core classes as Math, English, Social Studies, and Science. Some special elective classes are also considered but vary based upon school-approved classes. These classes are usually in the areas of foreign languages and social sciences. To verify NCAA-approved core classes, please check with your counselor or visit your school’s NCAA 48H form. **It is imperative that you verify what classes are NCAA core-approved and which are not.**

**NCAA D1 Requirements:**

16 core credits (approved by NCAA Eligibility Center from HS portal)

Minimum 2.3 Core GPA (980 SAT test score required for full qualifier eligibility)

Meets standard for SAT/ACT test scores based upon NCAA sliding scale

10 core credits by end of junior year with 7/10 in the subject areas of Math, Science, or English. These classes cannot be retaken for a better grade after junior year.

Example of 16 core credits: 4 years of English (required for graduation in the state of Michigan), 4 years of Math, 4 years of Science, 2 years of Foreign Language, 2 years of additional approved NCAA core classes such as Psychology or Sociology. (There are many ways to obtain 16 NCAA core credits, this is just one example.) **NCAA D2 Requirements:**

16 core credits (approved by NCAA Eligibility Center from HS portal)

Minimum 2.2 Core GPA (920 SAT test score required for full qualifier eligibility)

Meets standard for SAT/ACT test scores based upon NCAA sliding scale

**NCAA D3 Requirements:**

The NCAA does not require a specific GPA or SAT score to be eligible for NCAA D3 athletics. Students also do not have to register with the NCAA Eligibility Center. Most NCAA D3 schools are private schools that have high tuition costs, along with higher academic admission criteria. A great way to help make these schools affordable is to have a minimum GPA of 3.0

Tip: check the school’s website for additional scholarships and grants that are specific to that institution.

**NAIA Requirements:**

In order to be NAIA eligible a student must complete two of the following three criteria:

1. National Exam Score of 18 (minimum) on the ACT or 970 (minimum) on the SAT

2. Cumulative GPA of 2.0 (minimum)

3. Top 50% of graduating class (check with counselor for %)

**Ten Tips I Wish Someone Told Me:**

1. Grades! Grades! Grades!
2. Highlight films do not lie.
3. Give love to schools that love you. If a school truly wants you, you will know.
4. Start low with divisions of schools and aim high.
5. Spend the majority of your money on exposure camps.
6. Just because you do not have the size does not mean you cannot make up for it in other areas.
7. College coaches are the evaluators; not your friends, family, or high school coaches.
8. Just like in life, you will get out of it whatever you put into it.
9. Visit as many schools as possible. You only get one recruiting experience.
10. Just because you were the star of your high school does not mean you will be an impact starter as a Freshman. There are thousands of other all-county and all-conference players competing for the same spot you are.

**Building Twitter to be a Resource:**

1. Use Twitter as a recruiting tool
2. Make your Twitter profile name your “real” (full and legal) name
3. Don’t make your profile picture a photo from a college visit at another school
4. Make sure your Twitter profile is not on private and you can receive direct messages from anyone (college coaches)
5. Your Twitter handle should make you easy to find if a college coach searches your name
6. Use your REAL current location on Twitter
7. Who you follow matters (Ex: follow colleges, college coaches, athletes)
8. Be careful and selective in what you decide to post, favorite, and retweet (this costs college athletes positions and scholarships every year)
9. Don’t post anything that would disappoint your coaches, family, teammates, or school
10. Twitter Bio should contain the following:

First and Last Name

High School and Grad Year

Cumulative GPA and ACT/SAT

Position(s)

Any other affiliations (Ex: Legacy Macomb 7v7)

Height/Weight

**Highlight Film:**

1. Three to four minutes in length
2. First 45 seconds should be best plays to grab attention
3. Take out music and excessive arrows
4. Film should include touch throws, velocity throw across middle, out route throws, escape the pocket throw, facing pressure throw, and athletic runs
5. Cut down clips prior to snap and post completion