

MHSAA Regional # 5

Tuesday February 14th, 2023

Cannonsburg Ski Area, Grand Rapids, MI

**East Grand Rapids High School - Host**

# Chris Zylstra– Athletic Director

# Casey McGovern – Meet Manager

**Race Day Timeline**

**(Times subject to change)**

**Morning**

6:30am Coaches Arrive

7:00am Coaches load lift for setting

7:00am Lodge opens for athletes (teams find their tables in lodge)

7:15-8am Substitutions and scratches at Registration

Bib & packet pick up in Cedar Lounge (coaches only)

\***Packets will not be distributed to teams until their respective volunteer positions are filled with volunteer names**

8:00am Coaches meeting in next to timing shack on hill

8:30am Gate judges meeting (in Finish Arena)

8:30am Hand timer training at the finish shack

8:20-8:40am **Courses open for inspection**

* Per MHSAA rule, all athletes must be off course at 8:40am
* Jury observes racer course inspections.
* Women’s Slalom inspection by in and out only. (Unless requested by Jury)
* Men’s GS inspection in and out only. (Unless requested by Jury)

8:45am Racer meeting/National Anthem/Flag Parade in finish arena

8:50am Gate judges in place for Run #1 on GS and slalom hills

8:50am Forerunners for Run #1 Slalom skier left, GS skiers left

9:00am First run starts for men and women

**Inspection for run #2 opens 10 minutes after completion of 1st run**

* Inspection Closes 25 minutes after opening
* Gate judges in place for Run #2 on GS and Slalom hills when inspection closes
* Forerunners for Run #2: Slalom skiers right, GS skiers right

\*\*DQ’s will be posted after each flight is completed on the finish shack window and will be posted until 15 minutes after the completion of each run. Protests must be made within 15 minutes after the completion of each run

**Break and Reset after completion of morning race**

**No racers in Cedar Lounge**

**Afternoon**

**Scratch deadline 30 minutes after finish of morning session (in Race Shack)**

**Courses open for inspection – 45 minutes after completion of morning session**

* Jury observes course inspection (same as above)
* Men’s slalom skiers left “In and Out” inspection only, unless specified by Jury
* Women’s GS inspection skiers left In and Out inspection only, unless specified by Jury

**Inspection closes 25 minutes after course inspection begins**

* Gate judges in place for Run #1 on both GS and Slalom hills
* Forerunners Run #1 - Slalom skiers left, GS skiers left

**Run #1 Starts 10 minutes after course inspection closes**

* Run #1 starts for men Slalom and women GS
* Inspection for run #2 begins 5 minutes after completion of 1st Run

**25 minutes after inspection begins**

* Inspection Closes
* Gate judges in place for Run #2, both Slalom and GS hills
* Forerunners Run #2: Slalom skiers right, GS skiers right
* Run #2 starts for men and women

\*\*DQ’s will be posted after each flight is completed on the finish shack window and will be posted until 15 minutes after the completion of each run. Protests must be made within 15 minutes after the completion of each run.

* Hill Clean Up **(ALL TEAMS)**
* Coaches meeting - Review results in Cedar Lounge after hill cleanup

**Meet Rules:** MHSAA Ski Manual

**Meet Manager:** KC McGovern 616-633-4826 or kcmcgovern@live.com

**Do Not Miss Your Start!! Please pay attention to announcements for time changes.**