

S O U T H E R N U T A H

2019 FOOTBALL CAMPS



Session 1 - Team Camp

June 23-27

\$320

Session 2 - Team Camp

July 15-19

\$320



FOR MORE INFORMATION, PLEASE VISIT SUUTBIRDS.COM

APPLICATION - Southern Utah 2019 Football Camp

Name (please print): _____

Home Telephone: _____

Street Address: _____

School: _____

Insurance Policy Holder: _____

Please note any medical conditions that we should be aware of: _____

Enclosed find: \$320 Full Payment \$25 Equipment Rental

Refund Policy: \$50 Non-Refundable, will be prorated accordingly based on attendance/participation

Return to: Southern Utah Football Camp, c/o Ryan Hunt, 351 W. University Blvd., Cedar City, UT 84720

I hereby authorize the directors of Southern Utah Football Camp to act for me according to their best judgement in any emergency requiring medical attention and I hereby waive and release Southern Utah Football Camps from any and all liability for any injuries and illnesses incurred while at the Southern Utah Football Camp. I will be responsible for any medical or other charges in connection with my son's attendance. I know of no mental or physical problems which may affect my child's ability to safely participate in this program.

Parent or Guardian's Signature: _____

Date: _____

Session 1: June 23-27, 2019
Session 2: July 15-19, 2019

Tuition: \$320.00

Purpose of Camp

To teach each camp member the advanced techniques and fundamentals used in football. Controlled contact scrimmages will take place every session.

What to Expect

Practice: Daily schedule will include varsity, J.V. and sophomore/freshman team practices, full-contact scrimmages, and 7-on-7 competition against other schools.

Meals: All meals will be all-you can eat with many options to choose from.

Lodging: SUU on-campus housing.

Additional Costs: Campers will be responsible for damages to dorms/housing

What to Bring

- All football equipment, cleats and sneakers
- Bedding or sleeping bag
- Workout clothes, shoes
- Towels and toiletries, etc.

Special Features

- Camp t-shirt
- Controlled live scrimmages
- Passing 7-on-7 competition
- OL/DL competition
- Open recreations
- Coaches clinics
- Weight room
- Team meeting rooms

Recreation

All campus facilities will be available in the Student Center and PE Building as well as the football weight room.

SOUTHERN UTAH FOOTBALL CAMP

CAMP ITINERARY

Arrival Day June 23, July 15

3:00-5:00 p.m. Players/Teams arrive
5:00-7:00 p.m. Dinner
7:00 p.m. Head Coaches Meeting

Tentative Daily Schedule

(AM Schedule)

6:30-8:00 a.m. Breakfast
8:30 a.m. Head Coaches Meeting
9:00 a.m. Stretch
9:15 a.m. Practice
10:45 a.m. Scrimmage
11:15 a.m. Practice Ends
11:30 a.m.-1:30 p.m. Lunch

(PM Schedule)

2:00 p.m. Stretch
2:15 p.m. Practice
3:30 p.m. Scrimmage
4:00 p.m. Practice Ends
5:00-6:30 p.m. Dinner
7:30-8:30 p.m. 7-on-7/Big Man Competition
10:00 p.m. In Room, Lights Out

Final Day Schedule – Parents Welcome

6:30-8:00 a.m. Breakfast
8:00 a.m. Practice & Stretch
8:30 a.m. Team Period
9:00 a.m. Scrimmage Competition
10:30 a.m. Practice Ends/Awards
11:00 a.m. Check Out
Noon. Lunch

Southern Utah football coaches will be available at all times for film or chalk talks.